



Cranford Park Academy Newsletter

Principal's update

It has been excellent this term to see all of our Year 3 and 4 children thoroughly enjoying their intensive swimming lessons. Being able to swim is a vital life skill and it is great to see that our children have had such a positive start to what will hopefully be a lifelong love of swimming. As well as being a skill that could save your life one day it is also a fun way of keeping active and healthy. I very much hope that all the children continue to go swimming with their friends and families now the lessons have finished and build on what they have accomplished already.

I am delighted to see that with our earlier start time now embedded we have many more children gaining extra learning time each morning! We also have many children who were previously late each morning now arriving on time which is wonderful to see and will gain them valuable time in school each and every day.

Please can I take the time to reiterate my plea to be super safe when dropping children off in the mornings. I still continue to see parents walking or standing in the road by St Dunstan's gate, often with young children and pushchairs. This really worries me as the road is busy with cars and is not a safe place to be standing or walking- please stay safely on the pavements instead. Please can all drivers ensure they only stop and park in designated areas and not opposite the gates or across residents driveways- thank you so much for your support.

It is really important to develop your child's independence now they are at school. It is fascinating on the gate watching parents drop off, many of them carrying all the school bags, coats and lunch boxes for their children. Other families encourage independence and their children carry their own school bags and belongings and walk into school super confident. I would really encourage all parents to follow this second approach and to see the positive difference it makes to their children's independence - it also means drop off is super quick and efficient. Why not give it a go!

Dates for your diary

Staff Development Day

Monday 11th December 2023

Term Ends

Thursday 21st December to
Friday 5th December

School re-opens

Monday 8th December 2023

Attendance

The class with the best attendance this last week was:

1st place:	5MD
2nd place:	6GD
3rd place:	6RH & 4SM

It will be a non-uniform day for on, well done!



**Self-confident Trustworthy Ambitious
Respectful & Responsible Supportive**

Safeguarding:

PEGI is the standardised way of providing games with an age rating in the UK and Europe. Here, it is a legal requirement for a game to have a PEGI rating. But note: the age rating provided by PEGI is a recommendation; children under 18, for example, can't legally buy an 18+ game, but it is not illegal to play.

PEGI has five different ratings; 3+, 7+, 12+, 16+ and 18+. Read more about these in our PEGI parent guide. Ratings are assigned based on several factors: including depictions of violence, inappropriate images for children, swearing, discrimination, drugs, gambling – as well as in-game purchases.



Well-Being:

New Ways November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. Make a list of new things you want to do this month	2. Respond to a difficult situation in a different way	3. Get outside and observe the changes in nature around you	4. Sign up to join a new course, activity or online community	5. Change your normal routine today and notice how you feel	6. Try out a new way of being physically active	7. Be creative. Cook, draw, write, paint, make or inspire
8. Plan a new activity or idea you want to try out this week	9. When you feel you can't do something, add the word "yet"	10. Be curious. Learn about a new topic or an inspiring idea	11. Choose a different route and see what you notice on the way	12. Find out something new about someone you care about	13. Do something playful outdoors - walk, run, explore, relax	14. Find a new way to help or support a cause you care about
15. Build on new ideas by thinking "Yes, and what if..."	16. Look at life through someone else's eyes and see their perspective	17. Try a new way to practice self-care and be kind to yourself	18. Connect with someone from a different generation	19. Broaden your perspective: read a different paper, magazine or site	20. Make a meal using a recipe or ingredient you've not tried before	21. Learn a new skill from a friend or share one of yours with them
22. Find a new way to tell someone you appreciate them	23. Set aside a regular time to pursue an activity you love	24. Share with a friend something helpful you learned recently	25. Use one of your strengths in a new or creative way	26. Try out a different radio station or new TV show	27. Join a friend doing their hobby and find out why they love it	28. Discover your artistic side. Design a friendly greeting card
29. Enjoy new music today. Play, sing, dance or listen	30. Look for new reasons to be hopeful, even in tough times					

ACTION FOR HAPPINESS **Happier · Kinder · Together**



Family Support Worker Focus:

Morning Routines

10 Tips for making mornings more manageable

1. Make sure you and your child are getting enough sleep at night. If your child is hard to wake in the morning, review the bedtime routine and see where you might be able to make helpful adjustments. A good night's sleep makes everyone feel better and when everyone feels better morning time runs smoother.
2. Create a morning routine. Help your child to follow the same routine every day. Routines make things predictable and help keep your child on track. Children may enjoy using a picture chart to illustrate their morning schedule.
3. Have your child lay out school uniform the night before including shoes, socks and any other things they need for the next day.
4. Make packed lunches the night before. Have your child assist you with this or if they are old enough they may do this on their own. Provide supervision as needed. Remember a healthy lunch is essential in getting through the school day.
5. Have your child designate areas for all necessary school items such as book bag, lunch box, glasses etc. Help your child get into the routine of putting these items in their designated spots so they are easy to find in the morning.
6. Wake up at least 45 minutes before your children so you have plenty of time to wake up, get dressed and breakfast prepared. Your child will feel much more relaxed when you are relaxed and unhurried.
7. Keep breakfast simple and ensure that it is balanced and wholesome. A combination of complex carbohydrates, protein and a small amount of fat helps prevent hunger for hours.
8. Keep electronic distractions off in the morning. Instead use the time to talk and be with your child.
9. Many children especially those with high energy levels benefit from a little outdoor play before school time. Physical activity has been found to help improve concentration and mental focus.
10. Show affection and wish them a happy positive day!

Events:

On Friday 10th November, 6 children represented CPA in our annual Federation Boccia Festival held at WEPA. The 6 children completed a series of activities which asked them to work on their throwing and accuracy skills. All of the children had a brilliant time showcasing their skills and left with a medal each and a certificate for their efforts. A massive well done to all involved.

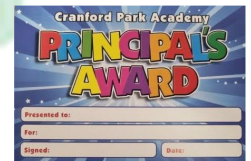


Principal awards:

Congratulations to the following children who have received a Principal Award this month.

Very well done!

Carmen Alayache - 2ZA



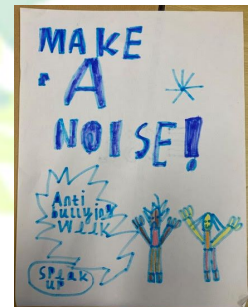
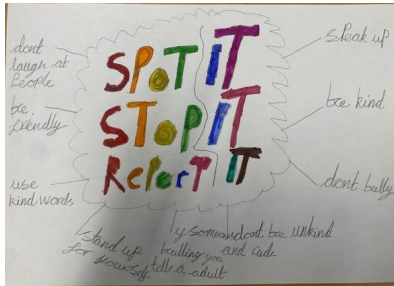
Events:

On Wednesday 8th November Cranford Park's three spectacular spelling finalists competed in the Annual Spelling Bee hosted by The Godolphin Junior Academy. All the children in year four participated in an initial competition held at Cranford Park having to spell a range of very tricky words and from this our finalists were chosen. Dakchan Gurung 4SG, Ishika Gadde 4SG and Ayyub Bakth 4KS all represented the school fantastically. They were all so brave standing up on the stage and spelling their words loudly and clearly to the whole audience. The winning contestant was a child from James Elliman school. A huge congratulations to all the children who took part, especially the Cranford Park representatives who we are so proud of.



Events:

CPA took part in Odd socks day in support of Anti Bullying Week



Events:

Remarkable Writers Competition

For the second year now CPA has run a writing competition across the school. Below are the worthy winners who will have a picnic with the Principal in her office as a reward! We were blown away with the quality of their work which will go on display shortly in the main reception area.

Our 2023 Remarkable Writing winners are...

Reception - Kya RS

Year 1 - Arhum 1HW

Year 2 - Bella 2OH

Year 3 - Iman 3TG

Year 4 - Aiza 4KS

Year 5 - Anya 5KB

Year 6 - Hadi 6DS



Curriculum Showcase:

Nursery

This week the Nursery children have enjoyed taking part in lots of different maths activities for Maths Week England.



Curriculum Showcase:

Reception

Reception have been learning all about Autumn. They learnt about what happens in Autumn, the changes that you can see and feel. They then went on an Autumn walk to see what they could find. We found some autumn insects, collected yellow, red and brown leaves. They even found a hedgehog.



Curriculum Showcase:

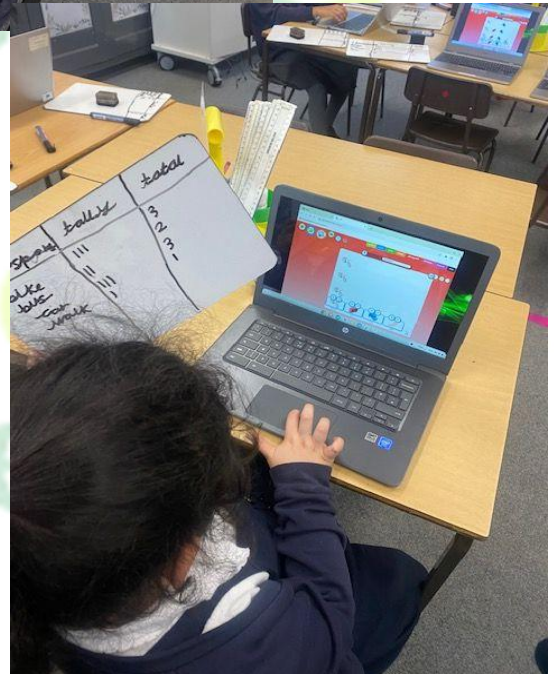
Year 1



Year 1 have been reading 'The adventures of the egg box dragon'. The children made a design of how they were going to make their very own egg box dragon and then with the help of donations from the parents they created their dragon. The children were delighted with their dragons made from egg boxes!

Curriculum Showcase:

Year 2



Year 2 have been busy collecting data in computing using tally charts and representing their findings using a Pictogram software.

Curriculum Showcase:

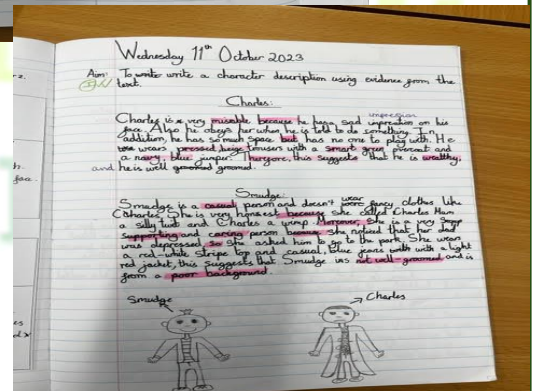
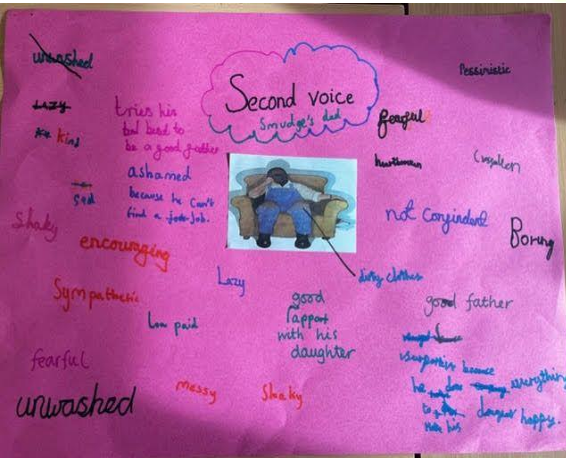
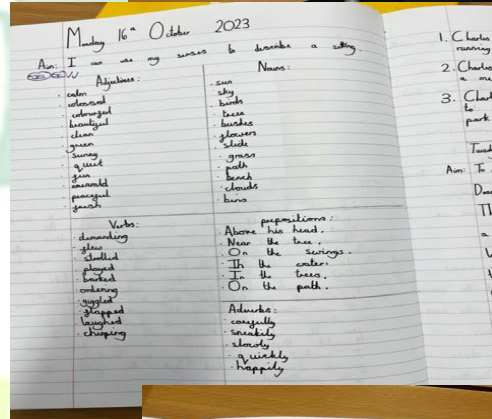
Year 3

It has been lovely watching Year 3 splash around, overcome their fears and embrace the water. Not only have these swimming lessons contributed to their physical development, they have created lasting memories. The teachers are so proud of them and it is great to see how much progress they have made in just 2 weeks!



Curriculum Showcase:

Year 4

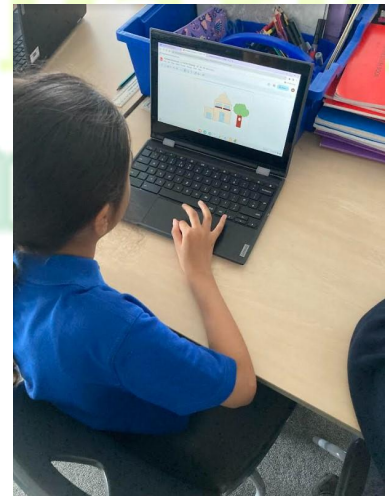
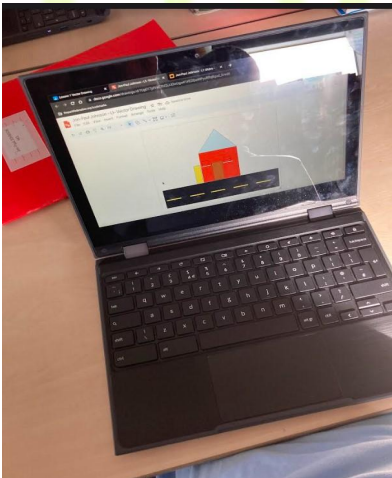
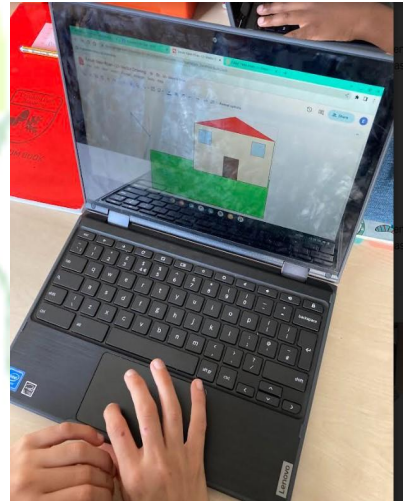
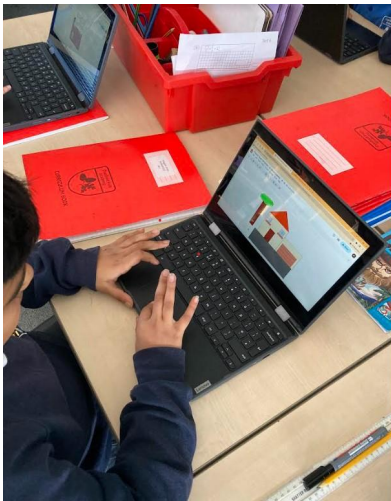


Last half-term, the children in Year 4 focused on the text *Voices in the Park* by Anthony Browne in English and as you can see in their examples of work, they worked extremely hard on unpicking the characters and key vocabulary.

Curriculum Showcase:

Year 5

Year 5 have been exploring how to make Vector drawings. By using the different tools available, they have begun to create simple drawings, slowly adding detail to make them look more realistic.



Curriculum Showcase:

Year 6

In our maths lessons in Year 6, we've been working hard to solve different types of maths problems.



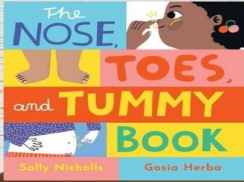


Mrs Hall's Recommended Reads

Non-Fiction November 2023 Issue



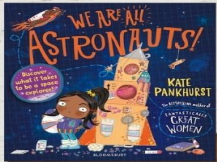
Nursery and Reception



This is your nose. What happens when we press it? BEEP! From fingers that tickle to bellies that need to be gobbled up, toddlers will love playing and laughing, as they learn the names of their body parts.

The Nose, Toes, and Tummy Book by Sally Nicholls

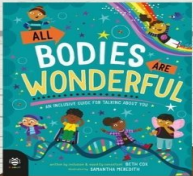
Year 1 and 2



Reach for the stars and learn all about space in this fact-packed book! Mixing STEM topics with a sweet story of figuring out your place in the world, this is the perfect introduction to space for the next generation of space travellers, whoever they may be.

We Are All Astronauts! By Kate Pankhurst

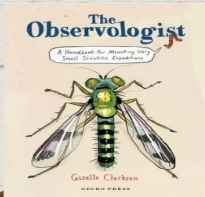
Year 3 and 4



This book will help children to overcome worries and feel, most importantly, like they belong. Sometimes children might feel like their body is different. But being different is completely natural ... it's just science! Trust the experts to help you have big conversations together using this inclusive guide.

All Bodies Are Wonderful by Beth Cox

Year 5 and 6



This is a fantastic work of graphic non-fiction which celebrates the very small nature under our noses. An illustrated guide to creature-spotting, or 'observology', it supports and encourages readers to give attention to the small and wonderful details of our gardens, pavements and home furnishings.

The Observologist by Giselle Clarkson



30-DAY Oracy Challenge



At Cranford Park Academy we believe spoken language to be essential in the development and achievement of our children across the curriculum. Not only do we feel it is important to teach children to learn to talk, we also believe that children learn most effectively through talk. Have a go at our 30 day Oracy challenge at home - let's get talking!

Would you rather be a child or an adult? Why?	What if it was always October?	Would you rather be a fish or a bird? Why?	What if we walked on our hands instead of our feet?	What if everything was black and white?
If you could be an animal what would you be?	Would you rather be the sun or the moon? Why?	What if you were the size of a mouse?	Would you rather live in a spider's web or foxes den?	What if there wasn't any electricity?
Why? What if you had a long neck like a giraffe?	Would you rather be an ant or a spider? Why?	What if we all had wings?	What if there was no sun?	Would you rather be a rainbow or a cloud? Why?
What if there were no straight lines?	What if people had wheels instead of legs?	What if houses were made of rubber?	What would it be like if there were no stars?	Can you ever know what it is like to be someone else?
If you cry when you are happy are you sad?	Is a computer clever?	Do animals have feelings?	Does everything have a taste?	If you could travel to any place, what would it be and why?
Can someone be both good and bad at the same time?	How can someone face their fears?	What's the funniest thing you ever saw?	If you could dream anything, what would you see in your dream today?	If you could invent a new item, what would it be used for?



BOOK Review

Beautiful Bananas
Elizabeth Laird

1HW's Reading Ambassador selected our 3pm read recently and recommended it to the other classes! It reminded us a lot of our English text "Handa's Surprise" - read her review to find out more!

I loved the book because it was funny when the animals took the roots and at the end she ended up with the same root. I give it 5 out of 5 stars.