
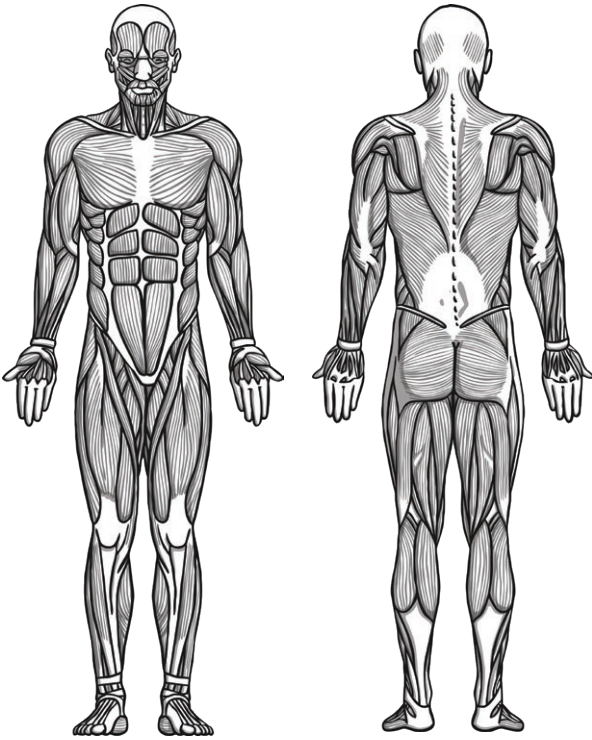
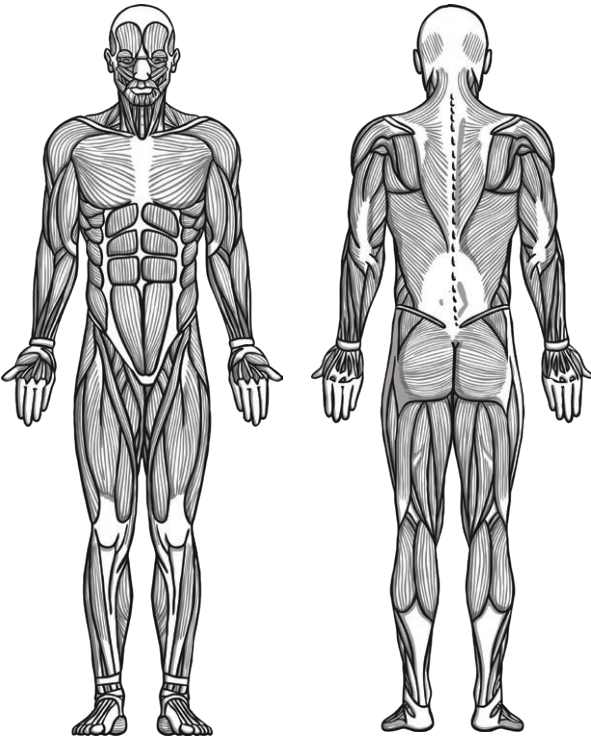




Mighty Muscles



Activity	Prediction (before the activity): Circle or highlight the muscles <u>you think</u> will be used.	Results (after the activity): Circle or highlight the muscles <u>you used</u> .
		



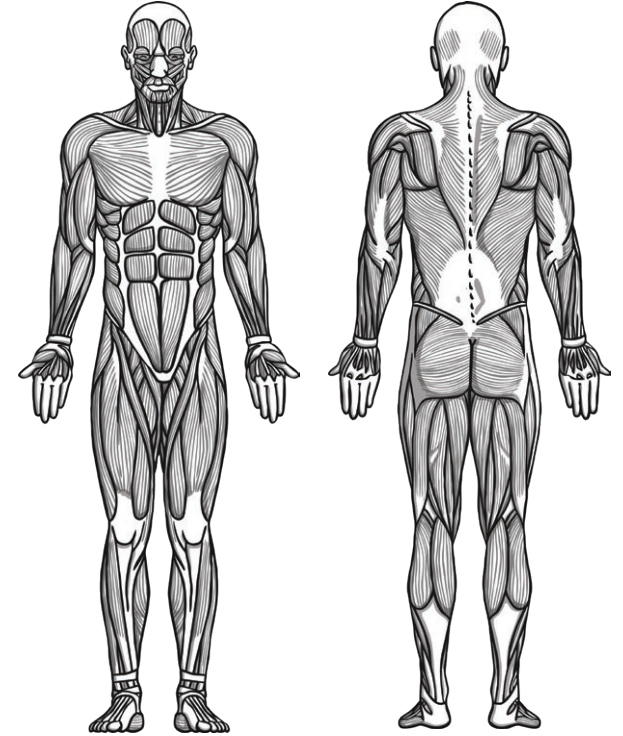
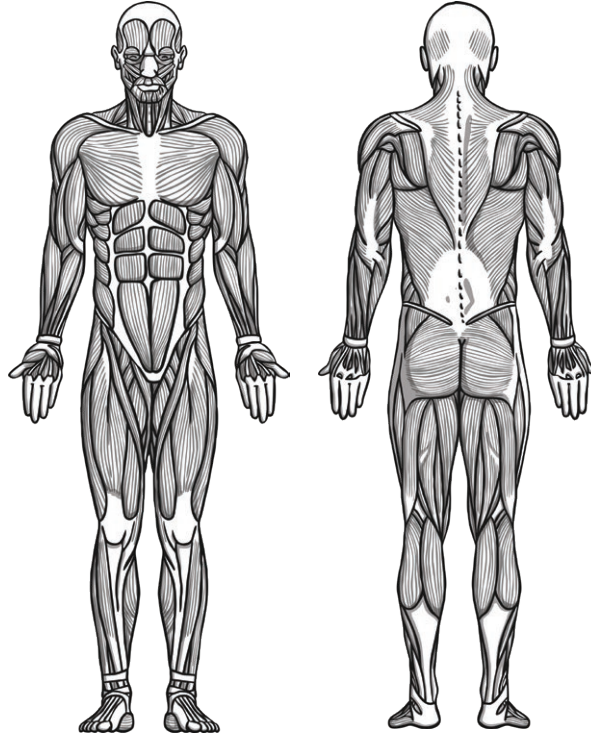
Activity

Prediction (before the activity):

Results (after the activity):

Circle or highlight the muscles you think will be used.


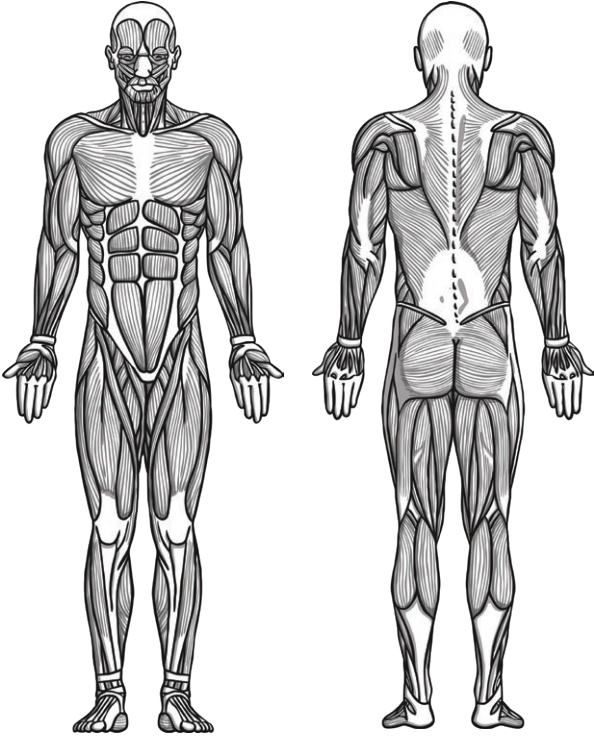
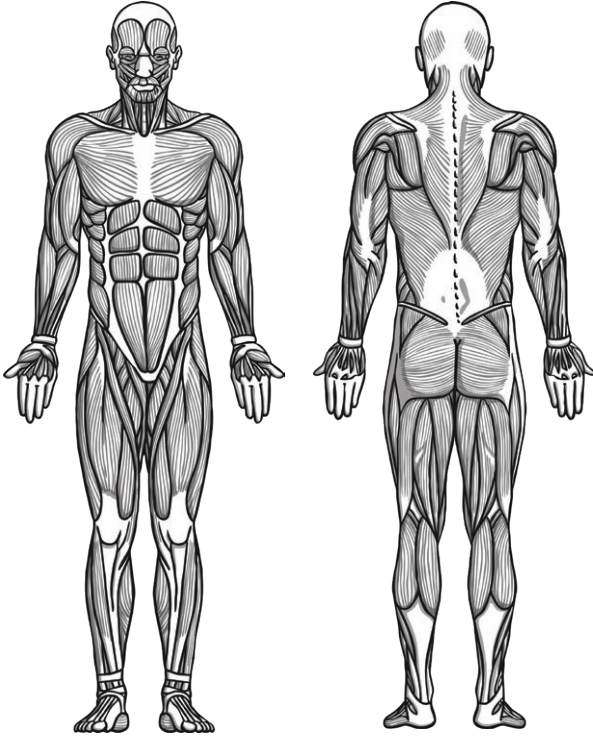
Circle or highlight the muscles you used.



What do muscles do? _____

Mighty Muscles **Answers**



Activity	Prediction (before the activity): Circle or highlight the muscles <u>you think</u> will be used.	Results (after the activity): Circle or highlight the muscles <u>you used</u> .
	<p><i>Pupil's own responses.</i></p> 	<p><i>Pupil's own responses.</i></p> 



Activity

Prediction (before the activity):

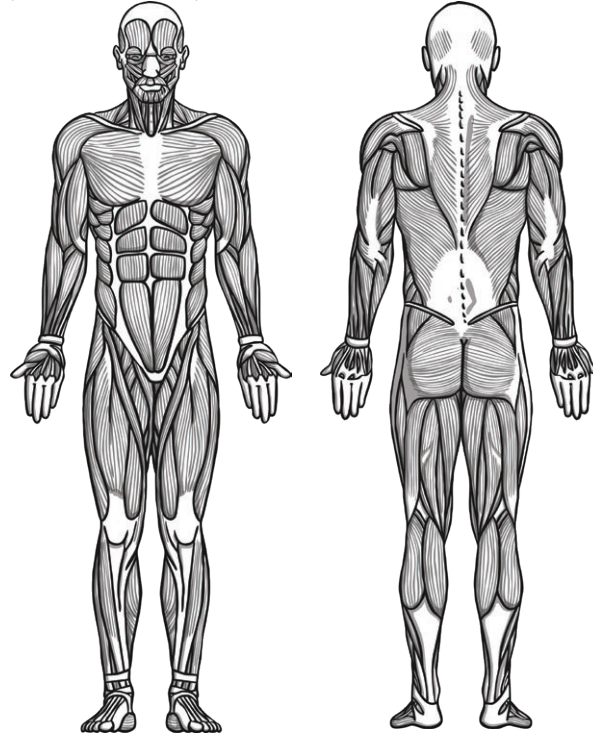
Circle or highlight the muscles you think will be used.

Results (after the activity):

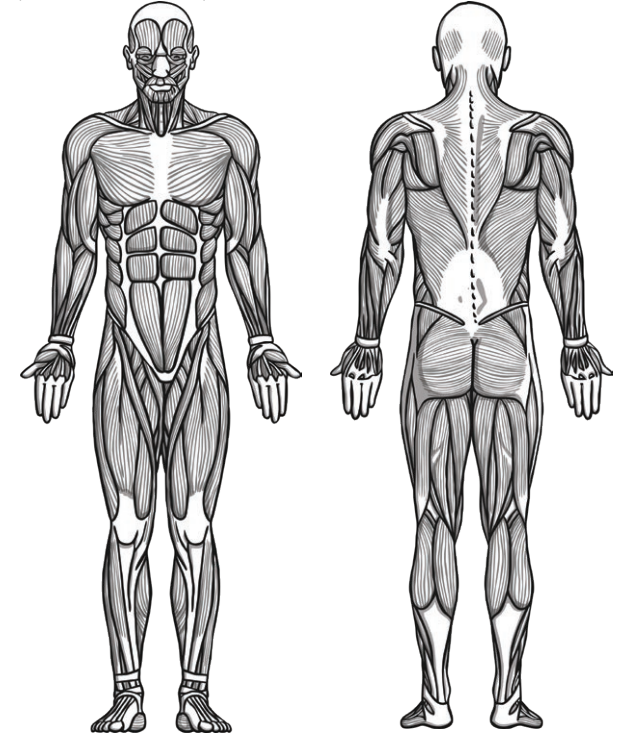
Circle or highlight the muscles you used.



Pupil's own responses.



Pupil's own responses.


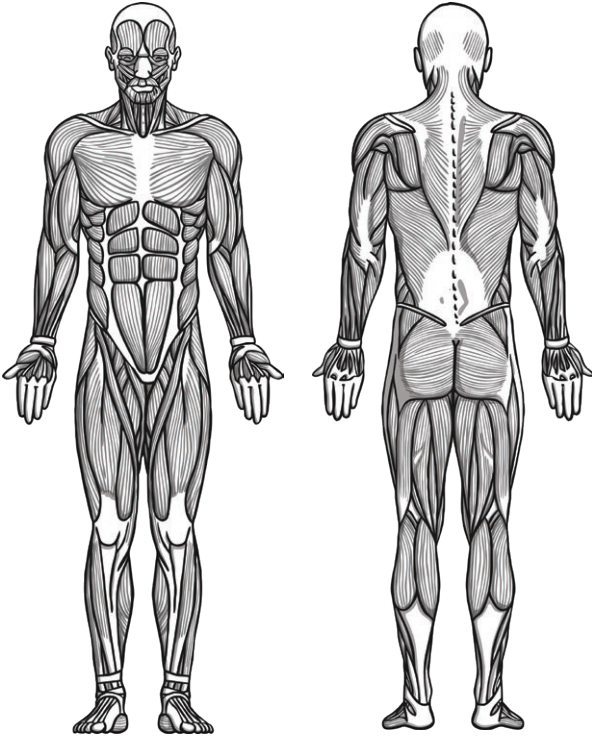
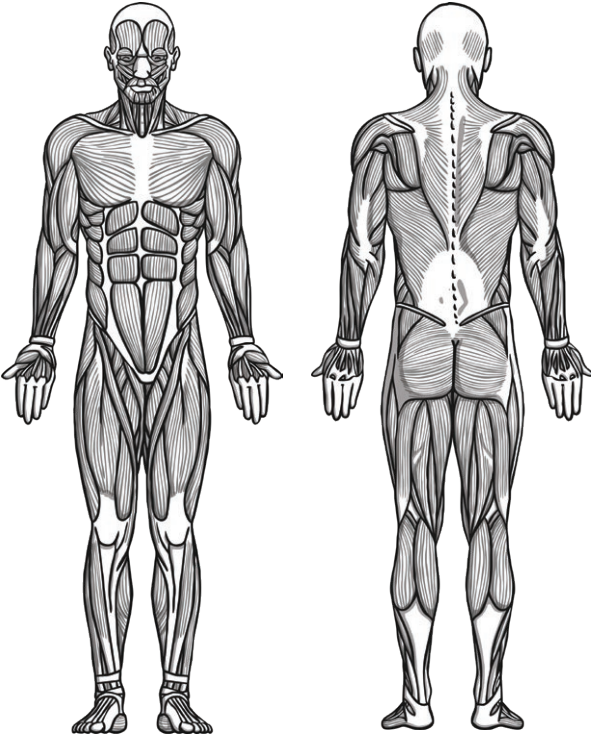


What do muscles do? *Muscles move the bones inside our bodies.*



Mighty Muscles



Activity	Prediction (before the activity): Circle or highlight the muscles <u>you think</u> will be used.	Results (after the activity): Circle or highlight the muscles <u>you used</u> .
		



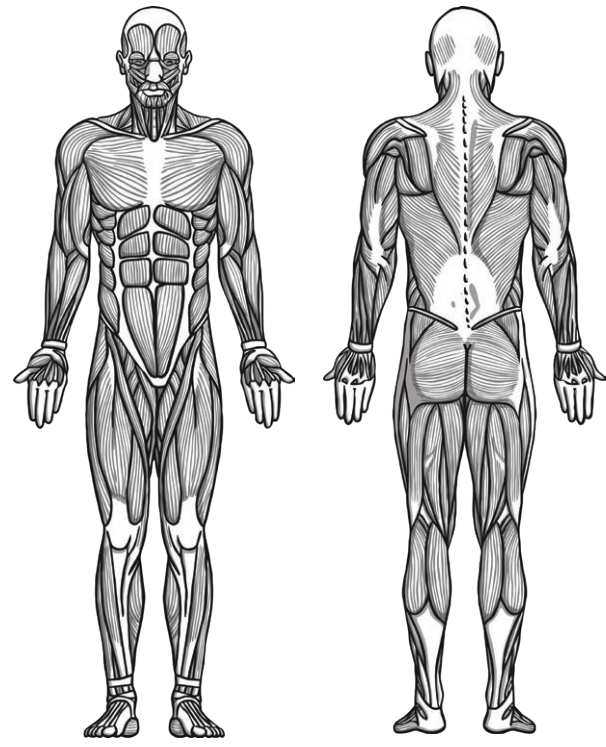
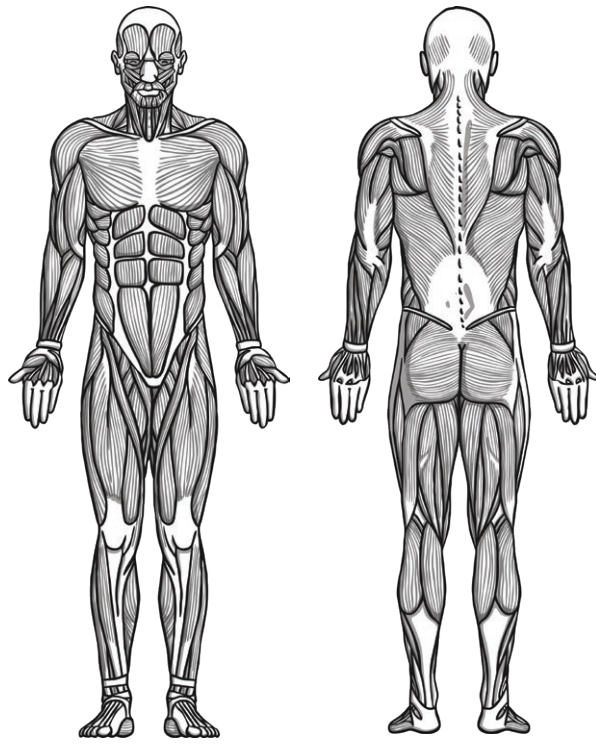
Activity

Prediction (before the activity):

Results (after the activity):

Circle or highlight the muscles you think will be used.


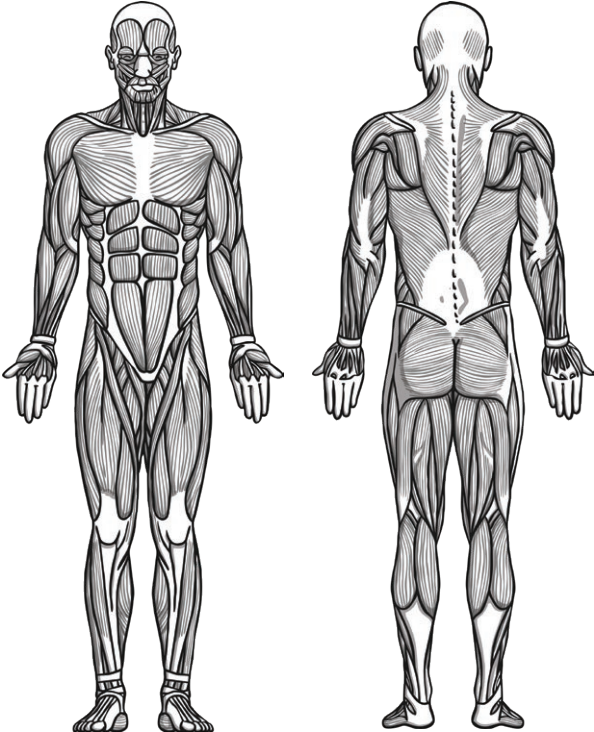
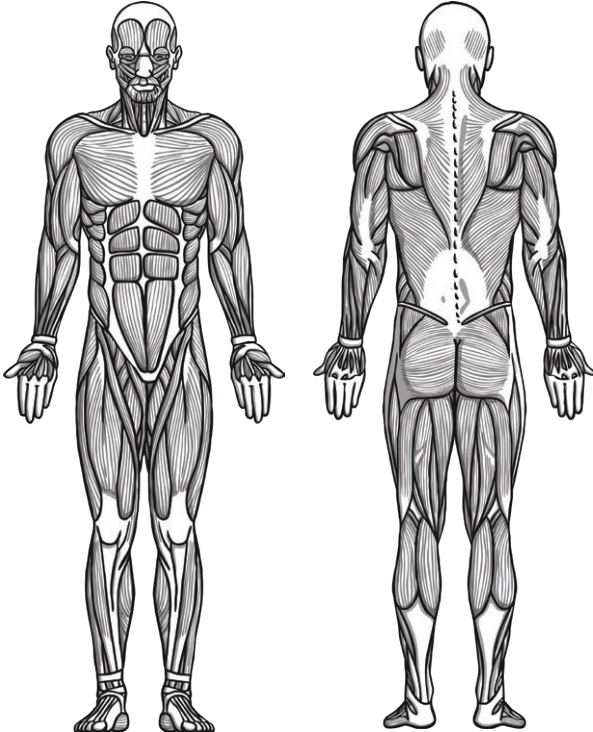
Circle or highlight the muscles you used.



How and why do muscles move in pairs? _____

Mighty Muscles **Answers**



Activity	Prediction (before the activity): Circle or highlight the muscles <u>you think</u> will be used.	Results (after the activity): Circle or highlight the muscles <u>you used</u> .
	<p><i>Pupil's own responses.</i></p> 	<p><i>Pupil's own responses.</i></p> 



Activity

Prediction (before the activity):

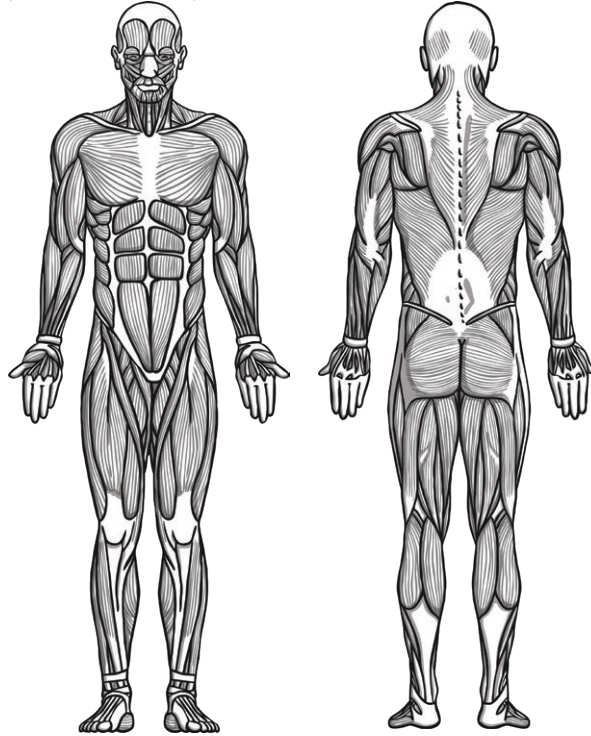
Results (after the activity):

Circle or highlight the muscles you think will be used.

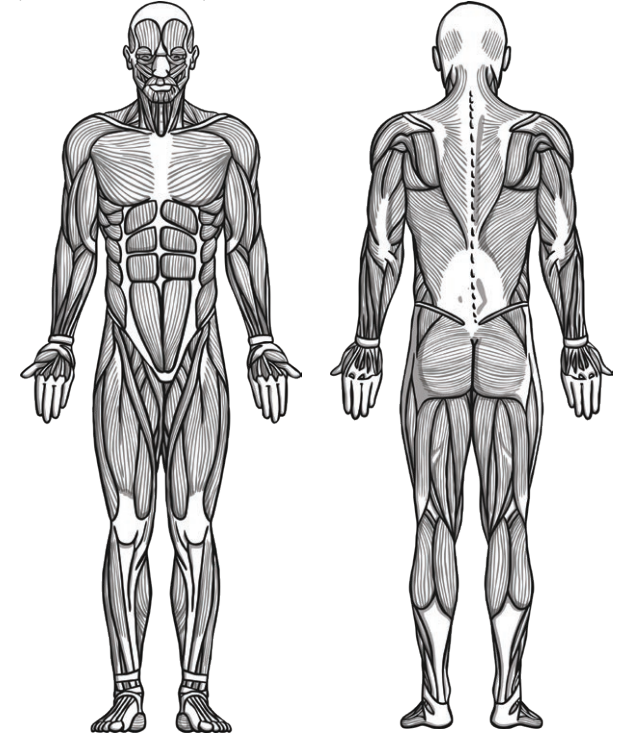
Circle or highlight the muscles you used.



Pupil's own responses.



Pupil's own responses.


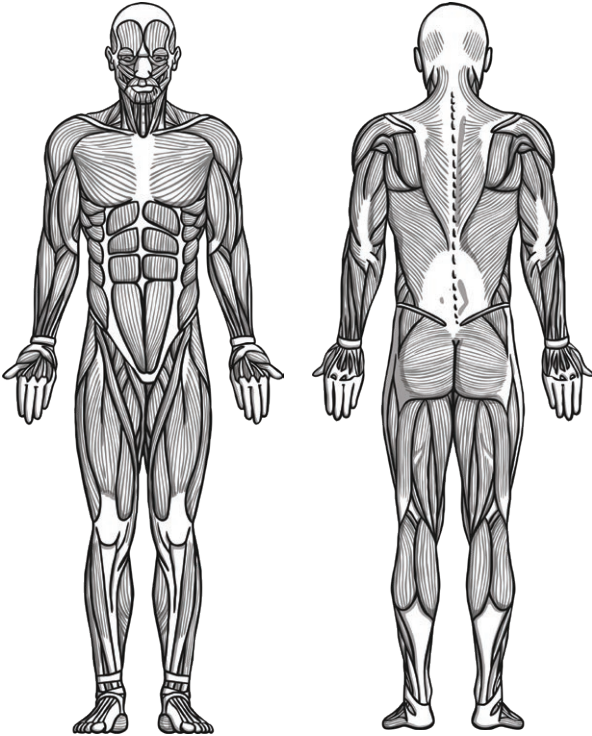
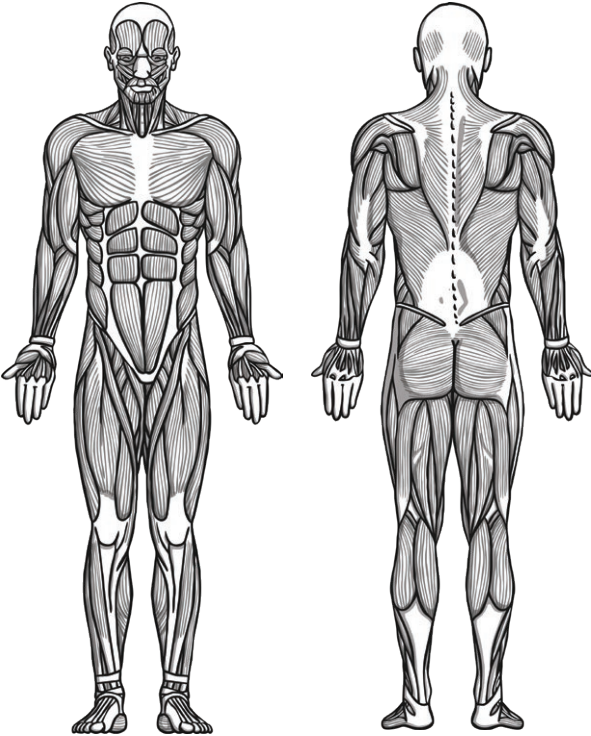


How and why do muscles move in pairs? *Muscles work in pairs to move a bone, as to lift your arm up, the muscle on the top pulls a bone in one direction and the bottom muscle relaxes. Then, to move the arm back, the top muscle relaxes, and the bottom muscle contracts and pulls the bone back. The two muscles work in pairs.*



Mighty Muscles



Activity	Prediction (before the activity): Circle or highlight the muscles <u>you think</u> will be used.	Results (after the activity): Circle or highlight the muscles <u>you used</u> .
		



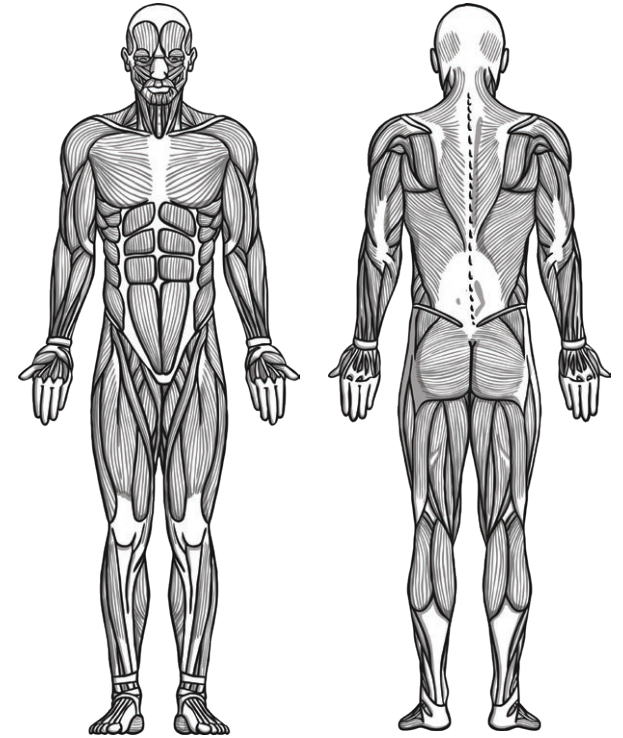
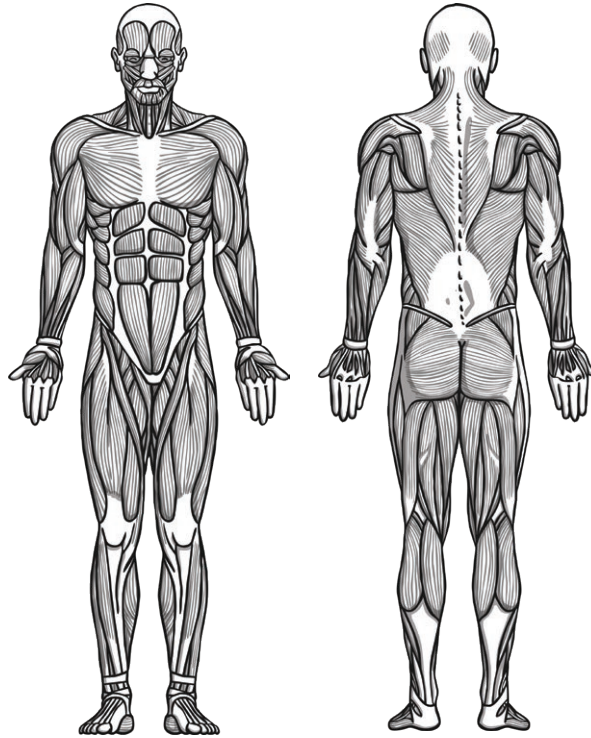
Activity

Prediction (before the activity):

Results (after the activity):

Circle or highlight the muscles you think will be used.


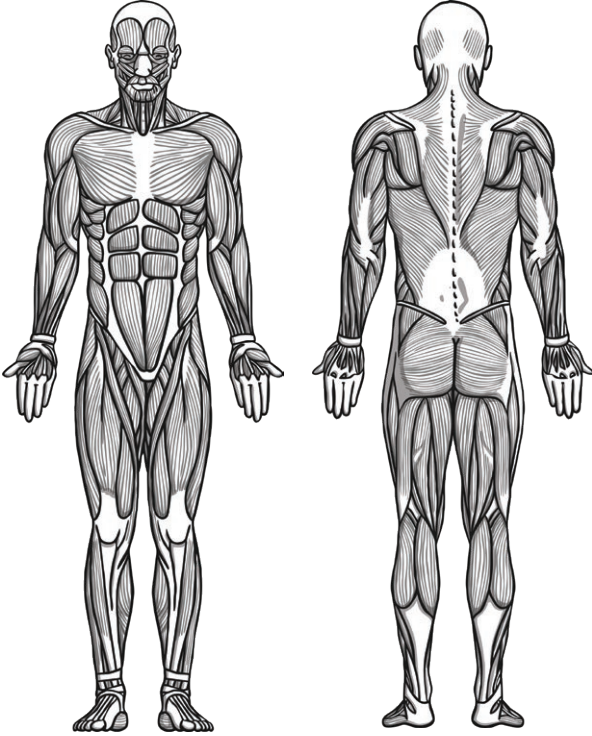
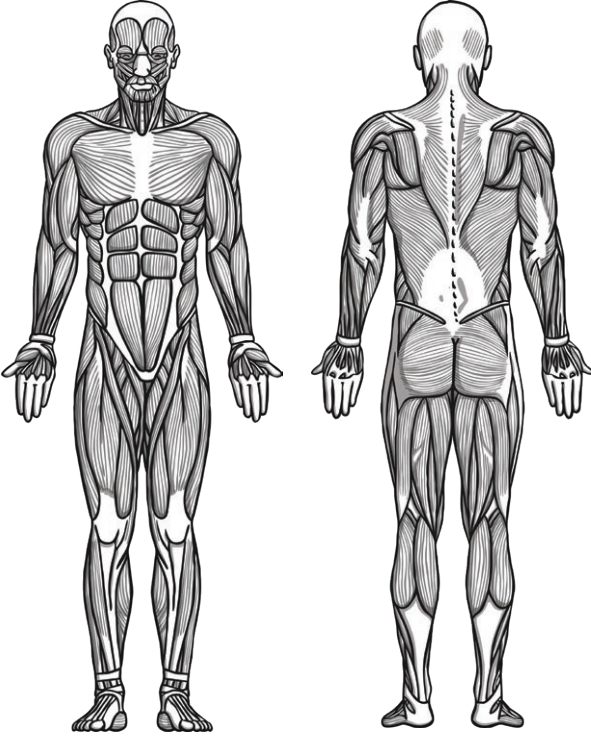
Circle or highlight the muscles you used.



Write an explanation of the muscles in the body and how they move: _____

Mighty Muscles **Answers**



Activity	Prediction (before the activity): Circle or highlight the muscles <u>you think</u> will be used.	Results (after the activity): Circle or highlight the muscles <u>you used</u> .
	<p><i>Pupil's own responses.</i></p> 	<p><i>Pupil's own responses.</i></p> 



Activity

Prediction (before the activity):

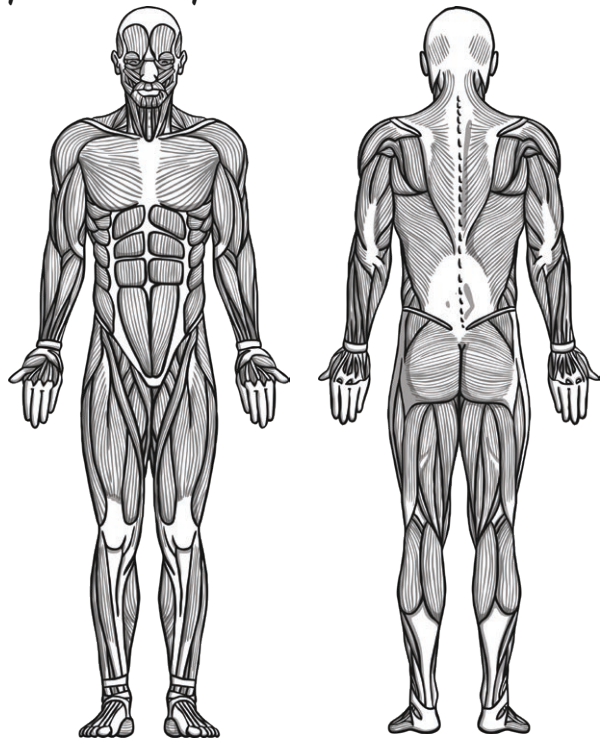
Results (after the activity):

Circle or highlight the muscles you think will be used.

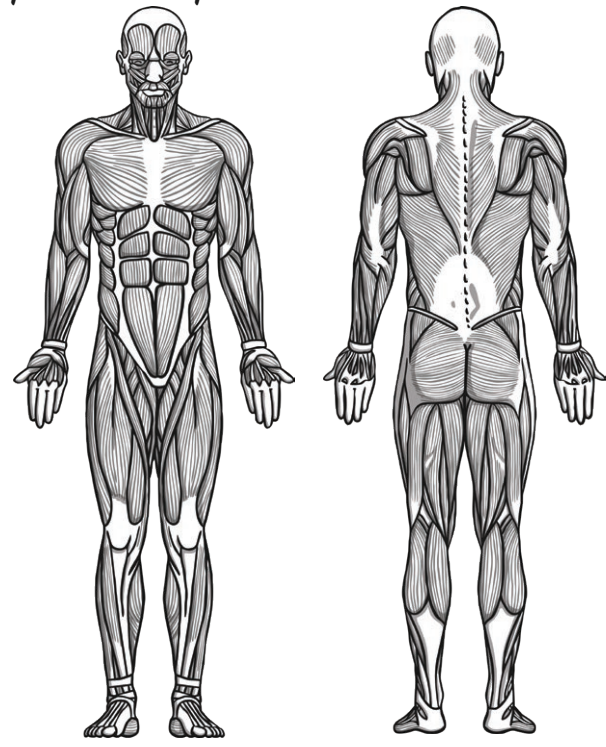
Circle or highlight the muscles you used.



Pupil's own responses.



Pupil's own responses.



Write an explanation of the muscles in the body and how they move: *Muscles move in pairs to move a bone. When one muscle contracts to move a joint, the other muscle then contracts to pull the joint back straight again.*