

## Hillingdon Talks, Moves and Plays: Children's Integrated Therapy Service

Their website provides information on the support your child/young person may receive to talk, move and play from the following Hillingdon children's therapy services:

- [Hillingdon Occupational Therapy](#) (Hillingdon Plays)
- [Hillingdon Physiotherapy](#) (Hillingdon Moves)
- [Hillingdon Speech and Language Therapy](#) (Hillingdon Talks)



Hillingdon SENDIASS is a free, confidential and impartial support service for parents. They will advise you on the school which is best suited to meet your child's needs.

Statutory guidance

### **SEND code of practice: 0 to 25 years**

Guidance on the special educational needs and disability (SEND) system for children and young people aged 0 to 25, from 1 September 2014.

<https://www.gov.uk/government/publications/send-code-of-practice-0-to-25>

## **For more speech and language therapy advice and strategies, visit:**

- [Scope](#) is a disability equality charity. It aims to provide practical information and emotional support, along with campaigning to create a fairer society. Have a look at their advice and support section for information on a wide range of issues.
- [The Council for Disabled Children](#) is an umbrella body for the disabled children's sector. It aims to bring together professionals, practitioners and policy makers. The website includes information and resources for parents, young people and schools and others.
- Find out more about [Developmental Language Disorder \(DLD\)](#). Further information [here](#).
- Find out more about [cleft lip and palate](#) and find support and information to help you and your child.
- [The Communication Trust](#) is a coalition of over 50 not for profit organisations. They work to support everyone who works with children and young people with speech, language and communication needs (SLCN).
- Find out more about how using [Talking Mats](#) can help children and young people express their views – even if they find it difficult to communicate verbally.
- Find out information about [Augmentative and Alternative Communication \(AAC\)](#) which can be used to support your child to communicate alongside their unaided communication.
- Find out more about [Signalong](#). This is the signing system used in Hillingdon to support your child to understand and express themselves alongside talking.
- Find out information about how to support children and young people with [selective mutism](#). There is information to support parents and professionals.

- Developed by Royal College of Speech and Language Therapists, ICAN and AFASIC, [Talking Point](#) provides parents, carers and professionals with information about speech, language and communication.
- [The National Literacy Trust](#) is a charity working with children and young people and their families to improve reading, writing, speaking and listening skills. The charity's website is called Words for Life and has tips, advice and resources for parents and carers.
- [ICAN](#) is a charity that supports children with speech language and communication needs (SLCN). It gives information on useful books and DVDs to support children, explanations of what SLCN is and how to access support.
- [AFASIC](#) is a charity for children with SLCN. It has speech and language developmental milestones, what to look for, resources to support children, a parents helpline, information about what to do if you are worried about your child's speech and language development and information about AFASIC groups near you.
- [Michael Palin Centre for Stammering Children](#) is a specialist centre for children and young people who stammer. The website has information for parents, professionals and young people. It has useful information and courses. There are also videos of children describing their experiences.
- [The National Deaf Children's Society](#) website provides information for families, and their children, school and professionals working with deaf children. It has information on family support, activities and events for deaf children and their families and advice sheets on a range of issues.
- [The British Stammering Association](#) provides advice and support, including a helpline, for parents of children/young people who stammer. It has advice sheets and information packs for parents, teenagers and teachers.
- [The National Autistic Society](#) website provides information about supporting children/young people with autism. There is a helpline available. It also has a parent forum.
- [Headway](#) is a UK based charity providing support, services and information to brain injury survivors families and carers through a network of groups and branches across the UK.
- [Speech link](#) provides lots of advice and resources for parents to support their children's speech sounds and language skills. This site is mainly aimed at parents of primary aged children – but others might find it useful.
- [Thinking Talking](#) has some ideas for word games to play at home to develop vocabulary skills in school aged children.

## Local support groups and organisations

- [Hillingdon Local Offer](#) has more information about the support for children with special education needs or disability.
- [Hillingdon Autistic Care and Support \(HACS\)](#) is a local charity based in Hillingdon. There is information about local events, family support, training, autism awareness, information and advice about autism.
- [Hillingdon Parents Carers Forum](#) represent the views of parents and carers in Hillingdon in discussions with the local authority in policy and service development.
- Special Educational Needs and Disabilities Information Services Advice and Support Services (SENDIASS) signposts parents and carers to useful information and advice, explains local policy and special education needs (SEN) law, supports parents and carers understanding and interpreting of information and supports resolving disagreements (email: [sendiass@hillingsdon.gov.uk](mailto:sendiass@hillingsdon.gov.uk) or telephone [01895 277001](tel:01895277001))
- [Centre for ADHD and Autism Support](#) gives advice and information about ADHD and Autism.
- Hillingdon Dad's Support Group is a local support and social group for fathers of children with a disability or special needs (email: [hillingsdondads@gmail.com](mailto:hillingsdondads@gmail.com))
- [Disablement Association Hillingdon \(DASH\)](#) is a user led charity that provides advice, support and activities that allow disabled people to become more independent, confident and part of the community. The offer help with finding information to enable them to access services and relevant support they require.

- Friends of EarlyBird is a monthly support group run by parents for other parents. It runs on the third Friday of the month at Colham Manor Children's Centre, Violet Avenue, Hillingdon, UB8 3PT. For further information call [01895 250211](tel:01895250211). Children are welcome to come along and access the play facilities including a sensory room. For more information about any of the above please email [jsmith3@hillingsdon.gov.uk](mailto:jsmith3@hillingsdon.gov.uk).

## For more occupational therapy advice and strategies, visit:

- [Life Skills](#) by NHS Greater Glasgow and Clyde
- [Children's therapy pod by Kent Community Hospital NHS Foundation Trust](#)

## Support - local offers

- [Hillingdon Local Offer](#): information about the support for children with special education needs or disabilities in Hillingdon.
- [Hillingdon Parents Carers Forum](#): representing the views of parents and carers in Hillingdon in discussions with the local authority in policy and service development
- [Disablement Association Hillingdon](#): a charity providing advice, support and activities that allow disabled people to become more independent, confident and part of the community
- [Brilliant Parents, Parent Education](#): a social enterprise running parenting courses to support families across London to deal with difficult behaviours and create positive experiences.
- [Hillingdon Autistic Care and Support](#): a local charity for children and young people on the autism spectrum. Providing family support, training, advice, autism awareness and recreational services
- [Centre for ADHD and Autism](#): a charity which supports; educates and empowers individuals with ADHD and/or autism, their families and the community. They offer training, education and support

## Wider support

- [National Autistic Association](#): a UK charity for people with autism spectrum and their families containing information, support and campaigns.
- [The Children's Sleep Charity](#): providing resources and workshops for parents of children aged between two and 19 focused on the importance of sleep and advice for establishing routines and managing issues.
- [Disability Grants](#): A parent run website which lists information about numerous grants which support individuals and families with disabilities.
- [Signalong](#): This website gives you more information about Signalong, the sign supported communication system used in Hillingdon.
- [Special Needs Toys](#): this website sells equipment and toys for children with special needs, including sensory based toys

## Equipment

- [Whizz-Kidz](#): a charity that provides children with wheelchairs and other mobility equipment, such as buggies and trikes, to help children lead fun and active childhoods. They also run youth groups, wheelchair skills training and other services to young people who use wheelchairs
- [Try B4 U Fly](#): general advice and equipment hire for children with disabilities to try before flying.
- [Changing Places](#): a map showing accessible toilets and changing places.

## Learning Activities

- [Penniwells Group, Riding for the Disabled](#): providing people with disabilities the opportunity to ride horses to benefit their health and wellbeing. Located in Elstree, Hertfordshire and North West London
- [Ruislip Turtles Swimming Club](#): a swimming club for anyone with a physical, mental health or learning disability based at Highgrove pool in Ruislip

- [WheelPower](#): a national charity for wheelchair sports, providing information about various disability sports, advice, funding and events
- [Brunel Bull, Wheelchair Basketball Club](#): local wheelchair basketball club for children and adults. Inclusive sport open to those with and without disabilities.