



**The Park Federation Academy Trust  
Cranford Park Academy**

**First Aid Policy  
2024 - 2026**

## Approval History

Signed by Principal	Sarah Evans
Date of approval	March 2025
Date of review	March 2027

## Version History

Version	Date	Status and Purpose	Changes overview
1	02 June 2014		New policy for CPA
2	01 August 2014		Additional First Aiders added
3	19 August 2014		Section on Hygiene Procedures added
4	9 September 2015	Review	Additional First Aid procedures added List of First Aiders amended
5	28 February 2017	Review	List of First Aiders amended Name of contact for Estates Manager changed No. of days absence for vomiting amended
6	25 <sup>th</sup> April 2017		Additional information in Reporting of Incidents section regarding injuries to children involving staff.
7	5 <sup>th</sup> February 2019	Review	Amendments to First Aiders

			Amendment to reporting incidents Reworking of Diabetes section Reworking of Epilepsy section
8	1 <sup>st</sup> Feb 2021	Review	Number of First Aiders amended (pg 4) Addition of AED information (pg 5) List of First Aiders amended (pg 8)
9	10 <sup>th</sup> Feb 2023	Review	Number of basic life support and paediatric First aid trained staff amended.(pg 2) Location of first aid boxes(pg 3) Name change of Welfare Assistants (pg 3) Change of system that is used (pg 6) Updated names of first aiders (pg 8)
10	27 <sup>th</sup> February 2024	Amendment to Sickness policy  Amendment to Arrangements for 1 <sup>st</sup> Aid  Amendment to Appendix A	Addition of Bonsai, Laurel and Little Stars children to 48 hour exclusion period (pg 7)  Change in numbers (page 4)  Change in names (page10)

11	5 <sup>th</sup> September 2025	Updates to be made to policy as of start of the school year.	Amended lists of First Aiders. Change to welfare officer to welfare assistants. Dates changed. Diabetic trained staff added.
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## Section 1: Aims

The aims of our first aid policy are to:

- Ensure the health and safety of all staff, pupils and visitors
- Ensure that staff and governors are aware of their responsibilities with regards to health and safety
- Provide a framework for responding to an incident and recording and reporting the outcomes

All staff will be informed of the First Aid arrangements through this policy, and training as appropriate. This should include the location of equipment, facilities and First Aid personnel, and the procedures for monitoring and reviewing the academy's First Aid needs.

## Section 2: Legislation and Guidance

Cranford Park Academy (CPA) accepts its responsibility under the [Health and Safety \(First Aid\) Regulations 1981](#) and acknowledges the importance of providing First Aid for employees, children and visitors within the school, so that they can be given immediate help if they are injured or taken ill.

This policy is underpinned by the following statutory framework and legislation:

- [Statutory Framework for the Early Years Foundation Stage](#), advice from the Department for Education on [first aid in schools](#) and [health and safety in schools](#), guidance from the Health and Safety Executive (HSE) on [incident reporting in schools](#)
- [The Health and Safety \(First-Aid\) Regulations 1981](#), which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel

- [The Management of Health and Safety at Work Regulations 1992](#), which require employers to make an assessment of the risks to the health and safety of their employees
- [The Management of Health and Safety at Work Regulations 1999](#), which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- [The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations \(RIDDOR\) 2013](#), which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept
- [Social Security \(Claims and Payments\) Regulations 1979](#), which set out rules on the retention of accident records
- [The Education \(Independent School Standards\) Regulations 2014](#), which require that suitable space is provided to cater for the medical and therapy needs of pupils
- This policy complies with our funding agreement and articles of association.

Cranford Park Academy’s arrangements for carrying out the policy include the following key principles:

- Place individual duties on all employees.
- To report, record and where appropriate investigate all accidents.
- Records all occasions when first aid is administered to employees, pupils and visitors.
- Provide equipment and materials to carry out first aid treatment.
- Make arrangements to provide training to employees, maintain a record of that training and review annually.
- Establish a procedure for managing accidents in school which require First Aid treatment.
- Provide information to employees on the arrangements for First Aid.
- Undertake a risk assessment of the first aid requirements of the school.

### Section 3: Roles and responsibilities

#### Key Contacts

Name	Designation	Contact Details
Sarah Evans	Principal	sevans@theparkfederation.org
Lorna Mitchell	Deputy Principal and DSL	<a href="mailto:lmitchell2@theparkfederation.org">lmitchell2@theparkfederation.org</a>

Helen Walter	Vice Principal and DDSL	<a href="mailto:hwaltercpa@theparkfederation.org">hwaltercpa@theparkfederation.org</a>
Paula Gandy	Welfare Assistant	<a href="mailto:paproencamatos@theparkfederation.org">paproencamatos@theparkfederation.org</a>
Dorina Pepa	Welfare Assistant	<a href="mailto:dpepacpa@theparkfederation.org">dpepacpa@theparkfederation.org</a>
Hazel Ryder	Estates Manager	<a href="mailto:hryder@theparkfederation.org">hryder@theparkfederation.org</a>

### 3.1 Appointed Persons for First Aid: Joint Welfare Assistants

At Cranford Park Academy there are two Welfare Assistants who manage first aid jointly. They are Paula Gandy and Dorina Pepa.

The main duties of the Welfare Assistants are:

- Taking charge when someone is injured or becomes ill
- Ensuring there is an adequate supply of medical materials in first aid kits, and replenishing the contents of these kits
- Ensuring that an ambulance or other professional medical help is called when appropriate

### 3.2 Delegated First Aiders

Delegated first aiders are trained and qualified to carry out the role and are responsible for:

- Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment
- Filling in an accident report on the same day, or as soon as is reasonably practicable, after an incident
- Keeping their contact details up to date

Delegated first-aiders who are responsible for administering First Aid at the academy can be found in Appendix A of this policy as well as prominently displayed in the school office, in classrooms and next to first aid boxes around the school. A first-aid is someone who has completed training appropriate to the level of need as identified by the academy, namely: First Aid at Work (FAW) and Paediatric First Aid. This list clearly shows the designated first aider and the qualification.

### 3.3 The Governing board

The governing board has ultimate responsibility for health and safety matters in the school, but delegates operational matters and day-to-day tasks to the Principal and staff members.

### 3.4 The Principal

The Principal is responsible for the implementation of this policy, including:

- Ensuring that an appropriate number of appointed persons and trained delegated first aiders are present in the school at all times
- Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role
- Ensuring all staff are aware of first aid procedures
- Ensuring appropriate risk assessments are completed and appropriate measures are put in place
- Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place
- Ensuring that adequate space is available for catering to the medical needs of pupils
- Reporting specified incidents to the HSE when necessary

### 3.5 Staff

School staff are responsible for:

- Ensuring they follow first aid procedures
- Ensuring they know who the delegated first aiders and appointed persons in school are
- Completing accident reports for all incidents they attend to where a delegated first aider or appointed person is not called
- Informing the Principal or their line manager of any specific health conditions or first aid needs

## Section 4: Procedures for First Aid

### 4.1 In-school procedures

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and immediately alert the Welfare Assistants or arrange for the child to be taken to them. The Welfare Assistant will then take over the care and provide the required first aid treatment. Delegated first aiders may also be called if required and provide first aid treatment until Welfare Assistants arrives.
- Welfare Assistants or delegated first aider, will assess the injury and decide if further assistance is needed from a colleague or the emergency services. They will remain on the scene until help arrives
- The Welfare Assistants or delegated first aider will also decide whether the injured person should be moved or placed in a recovery position

- If the Welfare Assistants or delegated first aider judges that a pupil is too unwell to remain in school, the Principal will be alerted and parents/carers will be contacted and asked to collect their child. Upon their arrival, the first aider will recommend next steps to the parents/carers.
- If emergency services are called, the Welfare Assistants will alert the Principal and contact parents immediately
- The Welfare Assistants or delegated first aider will complete an accident report form on the same day or as soon as is reasonably practical after an incident resulting in an injury
- There will be at least 1 person who has a current Paediatric First Aid (PFA) certificate on the premises at all times.

### Major Injuries/Serious Illness

The Welfare Assistants or delegated first aider **must be consulted** in the event that a child (or member of staff) should sustain **a major injury** or injury of the following nature:

- Cut to face/head or serious knock
- Suspect sprain or break
- Stings: bees/wasps/insects (due to the possibility of allergic reaction)
- Pupils who are known to have a specific illness, irrespective of the type of illness or injury sustained, e.g. diabetes, epilepsy, asthma, pupils known to have allergic reactions, pupils with auto-injectors in school
- **On no account must these pupils be left / sent to self-administer their own treatment.**
- Pupils with specific needs and have a personal care plan to ensure their safety; this should always be consulted.

Should the injury/illness require medical assistance (e.g. ambulance, hospital visit), a member of the office staff and the Principal should be contacted immediately (in their absence, the Deputy Principal, or another senior leader must be informed) and parents/ carers must be informed without delay.

**In an emergency, an ambulance MUST be called without delay.**

The Estates Manager, **Hazel Ryder**, is also to be contacted if an ambulance is called or a parent/carer/ two staff members have taken a pupil to hospital. This information is logged on iAM Compliant. A full investigation into why an accident happened will then carried out if necessary. For all instances where a child has suffered a serious injury, or an injury to the face or head, a telephone call **must** be made to the child's parent/carer as soon as possible but definitely before

the child goes home. Any child who is sent home or sent to a doctor or hospital, owing to injury in school, must be agreed and approved by the Principal or Senior Leader in their absence.

In the event of a head/facial injury, the class teacher will be notified of this so they can monitor the child for the remainder of the day (if remaining in school). They **must** touch base with the parent/carer at the end of the day to provide an update even if a phone call home has been made.

### Minor Injuries/Illness

Incidents of minor injury or illness during the day should be treated as follows:

- **Lesson times:** Children may be accompanied to the Medical Room for assessment, or if they are unable to, the Welfare Assistant or delegated first aider will attend to the child in class for an assessment of the severity of any illness or injury and appropriate action will then be taken.
- **Playtimes:** Children may be brought to the Medical Room for treatment, or if unable to, the Welfare Assistant or delegated first aider will attend to the child in their location.
- **Lunchtimes:** The SMSA must assess the seriousness of the injury or illness. Any injury to the face/head or a wound that bleeds must be taken to the first aid door stations for further assessment and any action deemed necessary by Welfare Assistants or delegated first aider.
- **Nursery Children:** In most instances, it would be more appropriate for nursery aged children to be treated in the Nursery, by the Welfare Assistants or delegated first aider, where a First Aid kit is kept. If needed Welfare Assistants can be called to support in serious situations.

In the event of minor injury, the class teacher must be informed so that they can liaise with parents/carers at the end of the school day. Records of any injury are logged in accident books and given via class to carers on the same day. The Welfare Assistants will also log medical incidents on CPOMs if they are deemed or suspected as deliberate or come under safeguarding.

### Sickness

If a child is feeling unwell the teacher, SMSA or LSA will ensure they go to the Welfare Room where appropriate care will be given. If the child quickly feels better they will be sent back to the classroom but if they are clearly unwell the parent, or named person, will be contacted and asked to take the child home. If we are unable to make contact the child will stay in the Welfare Room until an appropriate adult can come to the school.

When a child is absent from school due to illness the parent is asked to telephone before 10.00am or write to the school to explain the reason for the period of absence.

If a child/member of staff has sustained vomiting and/or diarrhoea they should remain off school for at **least 24 hours** to ensure they are fully recovered (**48 hours** for EYFS children and children in Garden room provision). Where a child/member of staff may have an isolated instance of vomiting due to a persistent cough for example, they can return to school after **24 hours**.

### **Routine Medical Inspections**

All parents, when entering their child at the school, fill in a form giving their consent to routine medical inspections, e.g. hearing and vision checks. The Welfare Assistants works with the Community Health Authority in organising these inspections.

If the school has a safeguarding concern or health worry about a child, and feels that a medical would be advisable, the Welfare Assistants and the Designated Safeguarding Lead will discuss it. Contact is then made to Community Health who will organise a medical. If this is secondary to the child's initial health check parental consent will be required.

Medical checks are not usually carried out at school; this is only height, weight and vision (unless arranged with parents).

### **Teeth**

If a child receives any damage to their teeth they must immediately be sent to the Welfare Room and parents contacted. If a child's second tooth is lost, or broken, the tooth or the piece of tooth should be found, if possible, and kept in milk. When the child is taken to the dentist it may be possible to use this in the repair.

### **Diabetes**

Each diabetic child will have an individual Healthcare plan detailing their daily care requirements. This is provided by the Diabetic nursing team and is reviewed annually with the Diabetic Nurse, Welfare Assistants, Parents and Class Teacher.

Each diabetic child has an emergency box of supplies provided by the parents including blood glucose testing kit, carbohydrate snacks and fast acting glucose in the classroom and in the Welfare Room. A copy of the Healthcare plan is also held in the box and on display in the Welfare room.

Annual training for members of staff working with the child to provide this care is provided by the Diabetic nursing team.

(See also: "Supporting Pupils with Medical Conditions Policy")

CPA has a Diabetic WhatsApp group related to the children who are diagnosed as having diabetes to ensure support can be called upon quickly if needed.

## Epilepsy

All children diagnosed with Epilepsy will have an individual Healthcare plan provided by the Community Children's Nursing Team detailing their condition, any daily care requirements and emergency procedures.

If they have been prescribed medication in the event of a seizure this is clearly labelled and held in the Welfare room Medicine Cupboard.

The Community Nurses will discuss the Healthcare plans and give training on emergency procedures with the Welfare Assistants, class teacher and LSA annually.

The Healthcare plans are held in the filing cabinet in the Welfare room. The Welfare Assistants will provide emergency procedure posters to be displayed in the Welfare room, the class folder and inside the door of the medical cupboard in the canteen.

(See also: "Supporting Pupils with Medical Conditions Policy")

## Asthma and Allergies/Anaphylaxis

The procedures for dealing with these are detailed in separate policies

### 4.2 Off-site procedures

When taking pupils off the school premises, staff will ensure they always have the following:

- A portable first aid kit including, at minimum:

The HSE's recommendation for a minimum travelling first aid kit is

- A leaflet giving general advice on first aid
- 6 individually wrapped sterile adhesive dressings
- 1 large sterile non medicated dressing
- 2 triangular bandages – individually wrapped and preferably sterile
- 2 safety pins
- individually wrapped moist cleansing wipes
- 2 pairs of disposable gloves
- Information about the specific medical needs of pupils
- Parents' contact details

When transporting pupils using a minibus or other large vehicle, the school will make sure the vehicle is equipped with a clearly marked first aid box containing, at a minimum:

- 10 antiseptic wipes, foil packed
- 1 conforming disposable bandage (not less than 7.5cm wide)
- 2 triangular bandages
- 1 packet of 24 assorted adhesive dressings
- 3 large sterile non medicated ambulance dressings (not less than 15cm × 20 cm)

- 2 sterile eye pads, with attachments
- 12 assorted safety pins
- 1 pair of rustproof blunt-ended scissors

Risk assessments will be completed by the delegated trip leader prior to any educational visit that necessitates taking pupils off school premises.

There will always be at least 1 first aider with a current paediatric first aid (PFA) certificate on school trips and visits, as required by the statutory framework for the Early Years Foundation Stage.

### Section 5: Reassessment of First Aid provision

The Principal, Sarah Evans /Chief Executive Principal Dr Martin Young/Chief Operating Officer Jasjit Sohal and the Academy Council should regularly review the school's first-aid needs (at least annually), and particularly after any changes, to ensure the provision is adequate.

The school will provide materials, equipment and facilities as set out in the DfE's [First Aid in Schools](#) and [Health and Safety in Schools](#) guidance.

[The Education \(School Premises\) Regulations 1996](#) require every school to have a suitable room that can be used for medical or dental treatment when required, and for the care of pupils during school hours. The area must contain a washbasin and be reasonably near to a WC. At CPA, this room will be referred to as the **Welfare Room**. The location of First Aid kits at CPA will be:

- The Staffroom Kitchen
- Willow Room
- Linda Taylor Studio Kitchen
- Premises office
- Year 6 area
- Blossom room foyer area
- Conference Centre
- Nursery

We have an **AED device** (Defibrillator) located inside the entrance to the Welfare Room on the wall, clearly labelled. All First Aid trained staff can use the device in an emergency.

The persons responsible for monitoring the expiry dates of the AED battery and pads are the **Welfare Assistants**.

The school's defibrillator is located in the Welfare Room entrance area.

All First Aid kits must be marked with a white cross on a green background. No medication is kept in first aid kits. Equivalent or additional items are acceptable.

The following contents are based on the HSE's recommendation for a minimum first aid kit:

- A leaflet giving general advice on first aid
- 20 individually wrapped sterile adhesive dressings (assorted sizes)
- 2 sterile eye pads
- 2 individually wrapped triangular bandages (preferably sterile)
- 6 safety pins
- 6 medium-sized individually wrapped sterile non medicated wound dressings
- 2 large sterile individually wrapped non medicated wound dressings
- 3 pairs of disposable gloves

The person responsible for checking the contents of First Aid kits and restocking them as soon as possible after use are the Welfare Assistants.

The school emergency inhalers and emergency auto injectors are located in:

- The Welfare room
- The canteen

## Section 6: Record-keeping and Reporting of Incidents

All incidents requiring First Aid (whether minor or major) must be recorded in the First Aid book. This is situated in the Welfare Room. An additional First Aid book will be kept in the Nursery Office. A duplicate copy of the record in the First Aid book should be sent home.

If a member of staff accidentally injures a child, the child should report to the Welfare Room for treatment and the injury recorded. The Welfare Assistants must email the details of the incident to the Designated Safeguarding Lead (DSL) who will then contact the member of staff.

Major injuries should also be reported to the Trust Estates Manager Hazel Ryder via email. All incidents of children being sent home through injury or illness are also logged on the Illnesses tracker and emailed to the Attendance Officer.

## 6.1 Hygiene Procedures

In the event of the spillage of blood or body fluid, the following procedure should be followed:

- Any surface which has had blood splashed on it must be cleaned liberally with detergent and water. The premises cleaning team are called so that a deep clean of the area can be made.
- Ensure that you wash your hands.
- Dispose of any blood stained waste in a plastic bag and put in the yellow covered waste bin in the Medical Room.

Staff **must** wear disposable gloves when toileting, supporting intimate care or dealing with blood or body fluids. Wherever a First Aid kit is kept, there should also be access to disposable gloves, disposable aprons, antibacterial wipes.

## 6.2 Class Medical List

Every class must have a Class Medical List and a list of pupils with specific dietary requirements provided from ARBOR from the school office.

It should be made clear whether these pupils have medication in school for their medical needs. The child must be aware that they need to report to their class teacher, adults on duty, SMSA or First Aider should they be feeling ill.

Kitchen staff /Lunchtime Supervisors also need to be informed if a child has a food allergy or requires medication.

Children with food allergies should have a green medication bag containing their appropriate treatment plan in the event of a reaction and any necessary medication they should need to be given. Medication bags are kept in the school canteen in a designated cupboard and in the Class Asthma/Allergy box.

## 6.3 Reporting to the HSE

The Welfare Assistants will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The Welfare Assistants will report these to the HSE as soon as is reasonably practicable and in any event within 10 days of the incident – except where indicated below. Fatal and major injuries

and dangerous occurrences will be reported without delay (i.e. by telephone) and followed up in writing within 10 days.

### School staff: reportable injuries, diseases or dangerous occurrences

<https://www.hse.gov.uk/riddor/reportable-incidents.htm#reportable>

These include:

- Death
- Specified injuries, which are:
  - Fractures, other than to fingers, thumbs and toes
  - Amputations
  - Any injury likely to lead to permanent loss of sight or reduction in sight
  - Any crush injury to the head or torso causing damage to the brain or internal organs
  - Serious burns (including scalding) which:
    - Covers more than 10% of the whole body's total surface area; or
    - Causes significant damage to the eyes, respiratory system or other vital organs
  - Any scalping requiring hospital treatment
  - Any loss of consciousness caused by head injury or asphyxia
  - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- Work-related injuries that lead to an employee being away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident). In this case, the Estates Manager will report these to the HSE as soon as reasonably practicable and in any event within 15 days of the accident
- Occupational diseases where a doctor has made a written diagnosis that the disease is linked to occupational exposure. These include:
  - Carpal tunnel syndrome
  - Severe cramp of the hand or forearm
  - Occupational dermatitis, e.g. from exposure to strong acids or alkalis, including domestic bleach
  - Hand-arm vibration syndrome
  - Occupational asthma, e.g from wood dust
  - Tendonitis or tenosynovitis of the hand or forearm
  - Any occupational cancer

- Any disease attributed to an occupational exposure to a biological agent

Near-miss events that do not result in an injury, but could have done. Examples of near-miss events relevant to schools include, but are not limited to:

- The collapse or failure of load-bearing parts of lifts and lifting equipment
- The accidental release of a biological agent likely to cause severe human illness
- The accidental release or escape of any substance that may cause a serious injury or damage to health
- An electrical short circuit or overload causing a fire or explosion

### Pupils and other people who are not at work (e.g. visitors): reportable injuries, diseases or dangerous occurrences

These include:

- Death of a person that arose from, or was in connection with, a work activity\*
- An injury that arose from, or was in connection with, a work activity\* and the person is taken directly from the scene of the accident to hospital for treatment
- \*An accident "arises out of" or is "connected with a work activity" if it was caused by:
  - A failure in the way a work activity was organised (e.g. inadequate supervision of a field trip)
  - The way equipment or substances were used (e.g. lifts, machinery, experiments etc); and/or
  - The condition of the premises (e.g. poorly maintained or slippery floors)

Information on how to make a RIDDOR report is available here:

[How to make a RIDDOR report, HSE](http://www.hse.gov.uk/riddor/report.htm)

<http://www.hse.gov.uk/riddor/report.htm>

## 6.4 Notifying parents of Children in Early Years Foundation Stage

The Welfare Assistants or Delegated First Aider (in their absence) will inform parents of any accident or injury sustained by a pupil in the Early Years Foundation Stage, and any first aid treatment given, on the same day, or as soon as reasonably practicable. Parents will also be informed if emergency services are called.

### Section 7: Training

All delegated first aiders must have completed a training course, and must hold a valid certificate of competence to show this. The school keep a register of all trained first aiders, what training they have received and when this is valid until.

The school will arrange for first aiders to retrain before their first aid certificates expires. In cases where a certificate expires, the school will arrange for staff to retake the full first aid course before being reinstated as a first aider.

At all times, at least 1 staff member will have a current paediatric first aid (PFA) certificate which meets the requirements set out in the Early Years Foundation Stage statutory framework. The PFA certificate will be renewed every 3 years.

### Section 8: Monitoring Arrangements

This policy will be reviewed by the Welfare Assistants and the DSL annually.  
At every review, the policy will be approved by the Principal

### Section 9: Links with other policies

This policy is to be read in conjunction with:

- Child Protection and Safeguarding Policy
- Supporting Children with Medical Conditions Policy
- Supporting Pupils with Asthma Policy
- Intimate Care Policy
- Children with Health Needs who cannot Attend School Policy
- Educational Visits Policy

## Appendix A: List of delegated First Aiders and medically trained staff

### First Aid at Work and Paediatric

Paula Gandy  
Dorina Pepa  
Lorna Mitchell  
Rob Walter  
Hafsa Ahmed  
Kerry Newall  
Rajni Sharma (Nursery)  
Eloise Warner  
Jodie Keene  
Ted Sanders  
Elena Jerome  
Lewis Cole (All Be Active coaches are all first aid trained.)

Kaisha Griffith (Nursery)

### Basic Life Support

Suzanne Harvey  
Jorgia Scarrott  
Shaida Rahman  
Stewart Matthews  
Claire Nesbitt  
Wassila Mezrit  
Jade O'Brien  
Khy Bediako

### **Diabetes support trained:**

Paula Gandy  
Dorina Pepa  
Lorna Mitchell  
Lewis Cole (Be Active coach)  
James O'Donovan (Be Active coach)  
Ted Sanders

