

Principal's update

This academic year CPA is involved in an exciting national project with the focus on sustainability. We have drafted our own Climate Action Plan where we are hoping to be able to do our part to educate children about climate change and also make some practical changes within school to make a positive difference.

Mrs Hopley is CPA's Sustainability Lead and she has been working hard with the School Council who are the pupil leaders driving this forward. The School Council has organised itself into different groups to tackle the different aspects we need to address. They have even come up with memorable names for each group to clearly show what area is being tackled.

The lightning Strikers (in charge of energy)

The Wildlife Savers (In charge of biodiversity)

The Waste Wizards (In charge of reducing waste)

The Reusing Cyclists (In charge of reusing)

The work has already started. We have had a pre-loved uniform sale already this term and the next one is planned. We have had assemblies where we have shared part of our Climate Action Plan. We are raising money to support our plans around biodiversity when we have our Break the Rules day fundraising day this month. The children will be playing a very active part in making this happen and we are all excited to see what we can achieve together.

Mrs Hopley is very passionate about this project and said the following: "This is such an exciting project and the children are buzzing with enthusiasm. We are all very keen to raise awareness of key issues affecting the planet and what we can do as a school and local community. At the moment, we are busy working through ideas and how to implement them effectively and will definitely need your help. We look forward to sharing with you the positive changes we make throughout the year so watch this space!"

Dates for your diary

Half Term;

Monday 27th October to Friday 31st October 2025

Staff Development Day

Monday 3rd November 2025



Attendance

The class with the best attendance this last week was:

1st place: 2OH

2nd place: 4SW & 6GD

3rd place: 6DS



It will be a non-uniform day for on, well done!

Amazing Fundraising Achievement!

CPA staff and families raised an incredible **£1325 for Macmillan**. This will help support families with a cancer diagnosis. Thank you to all who supported this great cause!

Safeguarding:

As we start the year I would like to remind you all of the minimum age for popular apps that you may hear your children talking about or asking if they can have access to. Please see below, you will notice the age rating on the apps is minimum of 13, meaning that no child at CPA or of primary age should have these apps. We ask that as parents/carers you are vigilant and monitor your child's devices to ensure that they are only being exposed to age appropriate content.

Good to know – reminders of the minimum age for popular apps



Facebook (minimum age 13) – lets users create their own profiles, share status updates, pictures, videos and chat with other users and also has a messenger app.



Instagram (minimum age 13) – allows users to alter photos, upload them and share to other social networking sites. Photos and videos can be sent directly to specific users.



Snapchat (minimum age 13) – a photo-sharing app where users can send photos or videos to their friends. These will display on screen for up to ten seconds before being deleted, although it is possible to take screenshots of messages and download other apps designed to capture and save Snapchat content.



TikTok (minimum age 13) – TikTok users can make their own short videos on the mobile app and often like to have music accompany these. The users have creative control over the videos. Other TikTok users can 'react' to videos they see by filming their responses alongside the original video, or 'duet' by making a video alongside another video.



Twitter (minimum age 13) – a social network that lets users send and read 'Tweets': messages limited to 280 characters.



Tumblr (minimum age 16) – a social networking site where users can post blogs and follow other people's blogs. Some of the content on this site includes sexual and/or pornographic images.



WhatsApp (minimum age 16) – a free-of-charge, real-time messaging service. Users can share images and videos, take part in 'group chats' and share locations. As it's based on knowing the user's phone number, you can only message users if you already have this information.



YouTube (minimum age 16) – allows users to watch, create and comment on videos. The dislike button can create insecurities with content posted even if comments are turned off for the video.



Well-Being:

A National Children's Bureau survey in 2016 showed many school leaders reported dramatic increases in the number of students suffering from mental health and wellbeing issues over the past five years.

- **More than half (55%) said there had been a large increase in anxiety or stress.**
- **Over 40% reported a big increase in the problem of cyberbullying.**
- **Nearly eight out of ten (79%) reported an increase in self harm or suicidal thoughts amongst students.**

The Wellbeing Award for Schools (WAS) recognises schools that have embedded a culture which values the happiness and emotional welfare of all its pupils. Both the Department for Education and Ofsted have supported this approach, stressing that promoting good mental health is the responsibility of all members of a school community: its staff and governors, parents and pupils, and partner organisations beyond the school gates.

We will ensure that wellbeing and mental health sit at the heart of the school community and in doing so will:

- **create a clear whole school strategy that promotes and protects wellbeing and mental health for staff, children and parents;**
- **encourage collaboration with the whole school community, championing wellbeing and mental health as the responsibility of all across the school;**
- **create and embed supportive, reflective networks represent the CPA ethos and values and facilitate positive change for wellbeing and mental health across the school;**
- **train staff to equip them not only to support pupil wellbeing and mental health effectively but also that of their colleagues and families that we serve.**

We are delighted to announce that we at Cranford Park Academy are currently in the process of working towards receiving the Well-Being Award for Schools and we will of occur update you throughout the year.

Lorna Mitchell, Deputy Principal, Designated Safeguarding Lead and Senior Mental Health Lead is our 'Wellbeing Award for Schools Coordinator' and will work collaboratively with a Change Team within the school to ensure that this project is at the heart of what we do. It is recognised that the co-ordinator and members of the change team will need to be supported to fulfil this important work, including ensuring they have sufficient capacity and resources to do so.

If you have any questions with regards to the WAS please feel free to speak to Miss Mitchell.

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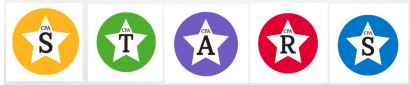
The new academic year 2025-2026 well-being ambassadors for Cranford Park Academy

After many applications for the position of Well-Being Ambassador, Mrs Hashi had the challenging task of narrowing it down to 16 children. It was not easy!

We are delighted to announce the 16 children who have been chosen, see below.

The children are currently being trained in how to do their duties, they have their badges and more hi-vis vests will be coming soon!

We can say already the children are perfect for their roles and are taking the task very seriously.



Self-confident **Trustworthy** **Ambitious**
Respectful & Responsible **Supportive**

Family Support Worker Focus:

GROW Programme

The Grow Programme helps women build skills and confidence to enter the job market, training and any volunteering opportunities

Grow Programme provides comprehensive employment support for women, focusing on building confidence, motivation, offering CV and interview preparation, and assisting with job searching.

Grow Programme hosts over 20 live online sessions each month and have partnered with training providers, allowing GROW participants to enrol in courses if they meet the eligibility criteria.

Additionally, participants gain access to our award-winning GROW App and a newsletter featuring local part-time and full-time job opportunities

THINKING ABOUT GETTING READY FOR WORK?

The Grow Programme is here to help you – in a way that works for you and your family.

We run friendly, relaxed sessions for mums, during school hours. You'll be supported by women who understand what it's like to be a busy mum, juggling life and thinking about work.

We'll help you to build confidence, get answers, and explore what kind of work could fit your life. And if you want to join online, we've got that covered too – our daily online programme and Grow App are designed to support you every step of the way.

WHY GROW?

- We've supported thousands of women into jobs
- We speak 10+ community languages
- Our team are mums too, and we've been where you are
- We've won awards for our innovation and outstanding contribution to supporting women into work

“ I'm incredibly grateful for the support, encouragement, and empowerment I've received from the entire Grow team. Being part of this programme has been a truly beneficial and inspiring experience ”



GROW GRADUATES



THE GROW TEAM



GROW TRAINING



GROW ONLINE

IN-PERSON SESSIONS

- Run during school hours, close to home
- A friendly group of other local mums
- Support with confidence, CVs, childcare and options
- One-to-one help to make a plan that suits you
- Free access to the Grow App and online workshops for 6 months

ONLINE PROGRAMME

- Over 20 live sessions every month – all during school hours
- Join from your phone, tablet or laptop
- Topics like CV writing, interview tips, flexible working, childcare, confidence and more

Special sessions for:

- Single mums
- Mums of children with SEND
- Mums from different cultural backgrounds
- Ukrainian and Farsi-speaking mums
- Sessions in community languages including Urdu, Tamil, Pashto, and more

THE GROW APP

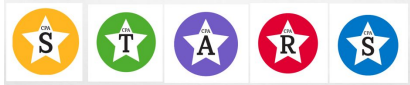
- 24/7 support in your pocket
- Motivation, advice, events and learning – all in one place

GET IN TOUCH

info@belinagrow.co.uk
www.getreadyforwork.org



Events:



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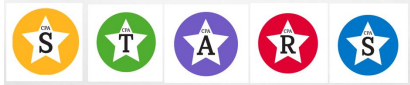
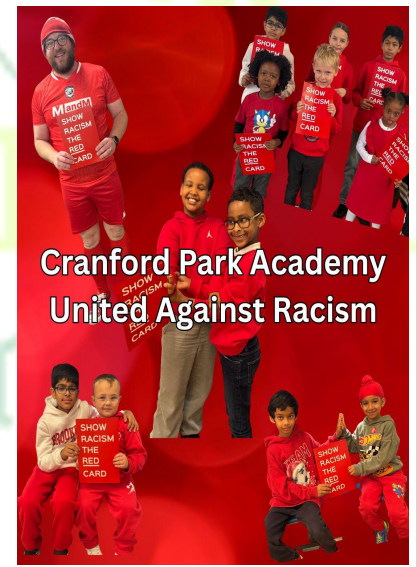
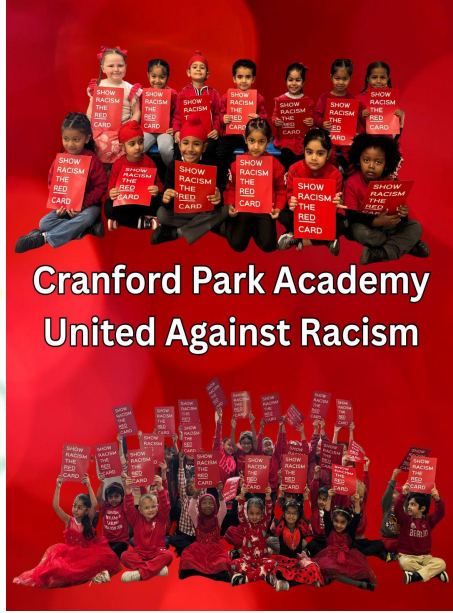
Cranford Park Academy Newsletter

October 2025

www.cranfordpark.academy
0208 5733453
cpaoffice@theparkfederation.org



Events:



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Curriculum Showcase:

Garden Rooms



Garden rooms have been learning about their bodies and the 5 senses this term in Science. Here are the children exploring their sense of sight with our light tables.



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Curriculum Showcase:

Nursery

Our first forest school visit was a success! The children loved exploring the outdoors, working together and learning through nature.



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Curriculum Showcase:

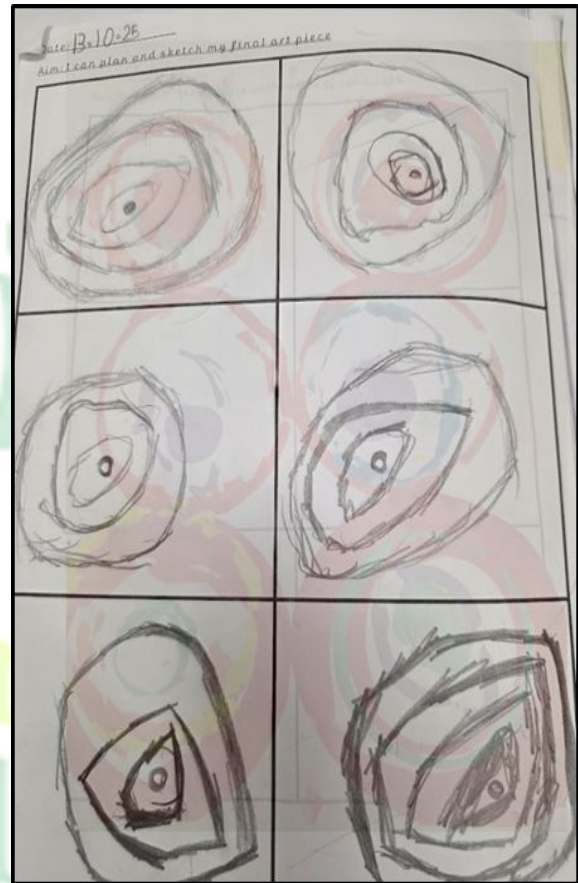
Reception

We had a fantastic time in class as family members joined us for our special reading session this month. There's nothing quite like sharing a story with loved ones to spark a child's imagination and love for reading. Reading not only nourishes curiosity but also strengthens family bonds. Together, we explored new worlds and characters, discovering the joys of literature! Thank you to all the families who participated; your engagement means the world to us! Let's continue to inspire a lifelong passion for reading!



Curriculum Showcase:

Year 1



Year 1 have been learning about the artist Kandinsky and applying their knowledge of primary and secondary colours to produce an abstract piece of art. They have used a number of skills and resources to help plan their final piece. Doesn't their work look amazing? Budding artists.

Curriculum Showcase:

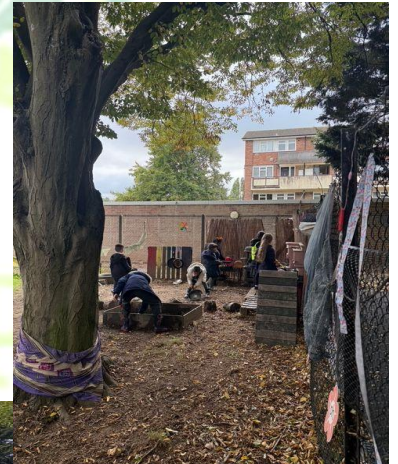
Year 2

Year 2 Adventures at Forest School

Year 2 have been having a fantastic time during their fortnightly Forest School sessions! The children have loved getting stuck in — exploring, discovering, and making the most of everything the forest has to offer. From building dens to spotting wildlife, there's been so much excitement and learning along the way!

In Science, we've been finding out about animal habitats around the world, and Forest School has given us the perfect chance to see habitats in real life too. The children have enjoyed investigating where animals live, how they make their homes, and what they need to survive.

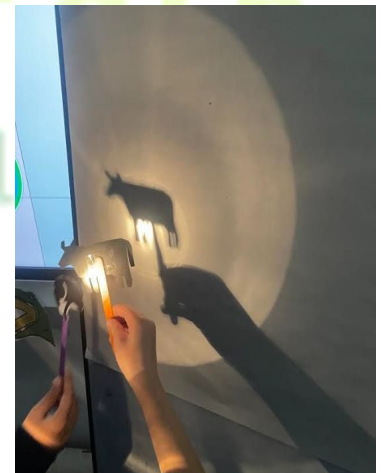
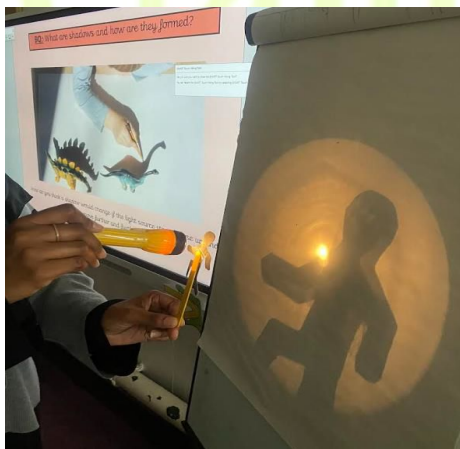
It's been wonderful to see everyone working together, showing curiosity, and embracing the great outdoors!



Curriculum Showcase:

Year 3

In Year 3, we have been exploring the fascinating world of light! We have learnt how shadows formed, what affects their size and even discovered the best light sources for creating a shadow puppet show. The children had the opportunity to experiment by creating their very own shadow puppet show. They explored different variables, such as changing the position of the light source, the distance of the light source and the intensity of the light and observed how these variables affected shadows. It was an exciting hands-on experience, which brought our study of shadows to life!



Curriculum Showcase:

Year 4



Year 4 have begun to make their autumnal fruit crumbles. We have made the whole thing from scratch, including peeling and chopping the fruit right through to mixing the butter, sugar and flour together to create the crumble topping.

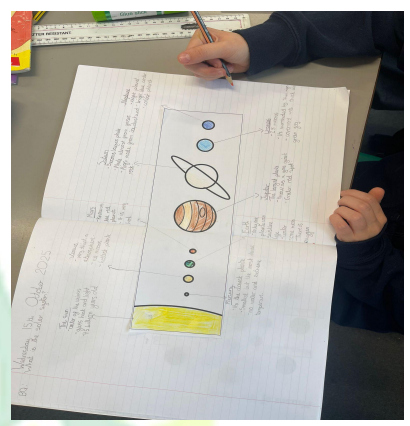
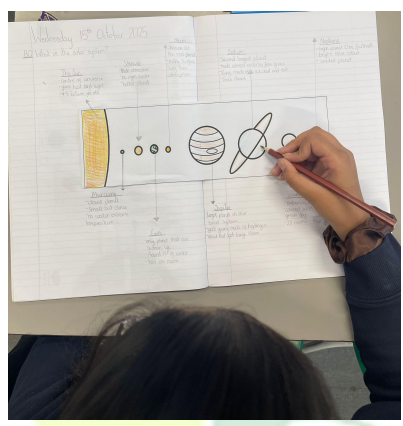
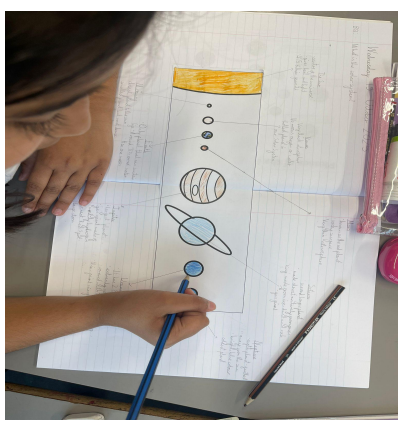
The crumbles have smelt incredible and the feedback from the children is they taste great too!



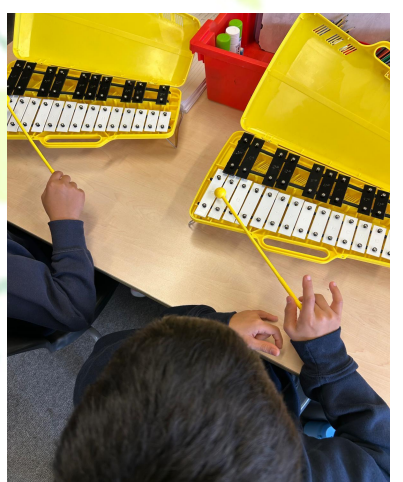
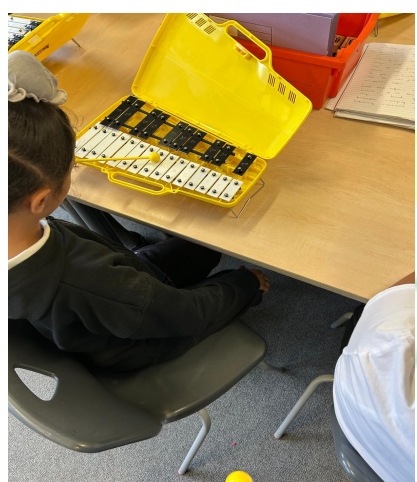
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Curriculum Showcase:

Year 5



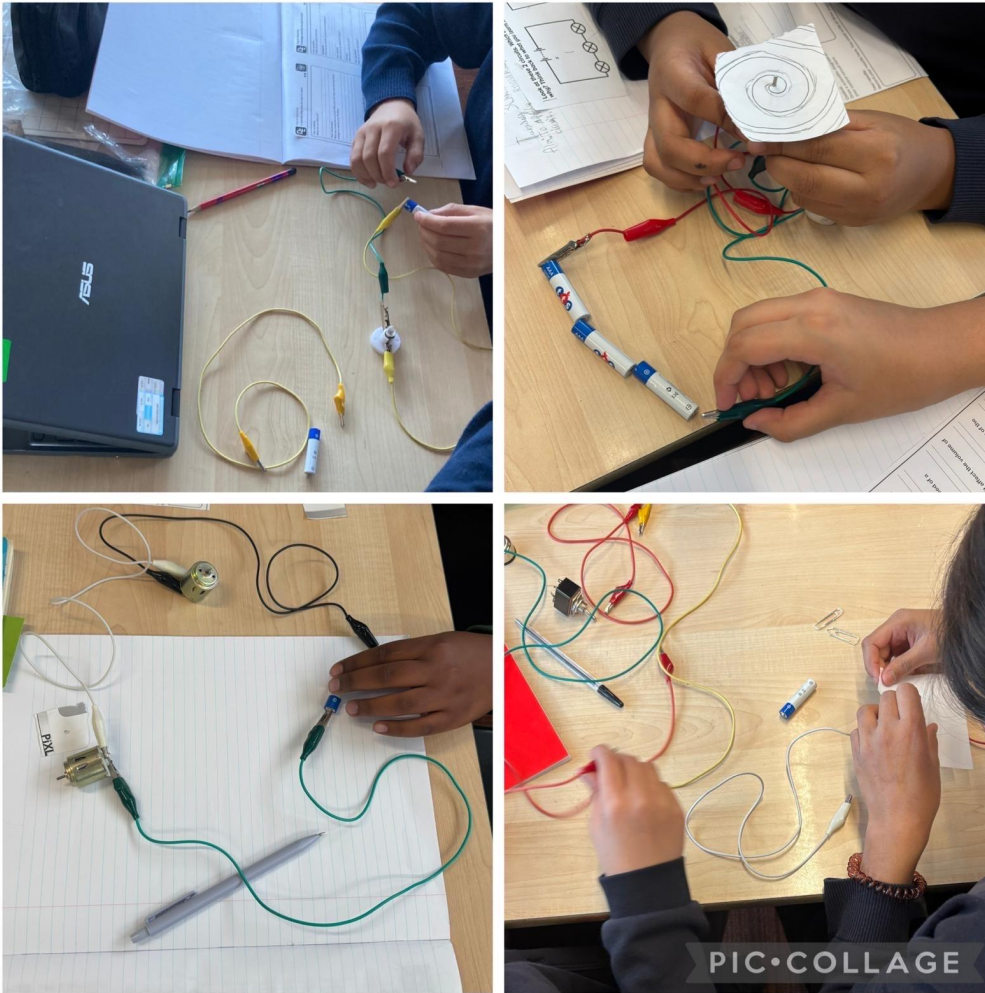
The children in Y5 have been exploring Earth, Space and the planets in our Solar System.



Y5 children composing their own music piece for the classic 'Livin' on a Prayer'.

Curriculum Showcase:

Year 6



In science, we used different components to create series circuits. We added more and more cells to the circuits and learnt that the higher the voltage in a circuit the brighter the bulb or the faster the motor spins.



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Mrs Matthews'
RECOMMENDED READS





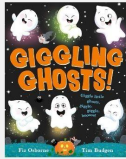


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Mrs Matthews' recommended reads:

EARLY YEARS

Giggling Ghosts by Fiz Osborne



These ghosties, they love scaring - it's their favourite thing to do. Because, when they start scaring, they can't help but giggle too!

Sneak, spin, glide and BOOOO your way through the night with the ghosts who just cannot help but te-he-he with glee in this spooky interactive picture book, with actions to join in with on every page.

Are you ready to GIGGLE?

KEY STAGE 1

The Pumpkin Who Stole Halloween by Michelle Robinson



When a boy's pumpkin won't stop growing and growing, he thinks he may have given it a bit too much of the Extra Strength Plant Food . . .

And when he carves the pumpkin eyes and a mouth, it comes roaring to life shouting, 'ME WANT HALLOWEEN!'

Now his pumpkin is on a rampage - stealing all of the sweets, all of the toys, and even some black cats!

Will it destroy Halloween forever or can an extra special trick show pumpkin that it's better to share the treats?

And will pumpkin be sorry for his naughtiness?

LOWER KEY STAGE 2

Diary of an Accidental Witch by Perdita & Honor Cargill



Bea Black has just moved to Little Spellshire, a town with a magical secret. When her dad accidentally enrolls her at the local witch school, she has to get to grips with some interesting new classes, like, NOW! Also on her to do list? Make friends, look after the grumpy class frog AND do everything humanly magically possible to stay on a broom...

But with the Halloween Ball on the horizon, will she be able to master her wand skills in time to WOW? And more importantly can she keep her newfound magical abilities a secret from dad?

UPPER KEY STAGE 2

The Double Trouble Society by Carrie Hope Fletcher



Ivy and Maggie have been **best friends** ever since they were born at exactly the same minute on Friday 13th - twelve years ago. They're always on the lookout for their next adventure, and, when **strange** and **mysterious** things start to happen in Crowood Peak, it's up to them to work out what's going on.

All the evidence points to the old house next door with **purple smoke** coming out of the chimney, and a new owner who looks suspiciously like a **witch!**

Can Ivy and Maggie solve the mystery of Hokum House, or will this adventure spell more mischief than even the Double Trouble Society can manage?



Reminders

The school does not authorise leave during term time and unauthorised absences can incur a Penalty Notice. This is a fine of £160 per parent, per child payable within 28 days. If paid within 21 days it is reduced to £80 per parent, per child. If the fine is not paid by the 28th day you may be summoned to court.

Should you choose to take further unauthorised leave in the rolling three year period, the second penalty notice issued will be at the higher rate of £160.00 per parent, per child, payable within 28 days

Is my child too ill for school? Please see the following link shared by the NHS.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

